

December 2023

Best Reviewer of the November-December 2023 issue - Saba Jalali
Saba Jalali



Saba Jalali is a second-year Ph.D. student in Human Nutrition at the University of British Columbia, Canada. Her academic journey includes earning a Master's and Bachelor's degree in Nutritional Sciences from Shahid Beheshti University of Medical Sciences. With a passion for research, Saba has accumulated five years of experience as a researcher at the Urology and Nephrology Research Center, where she has made contributions to the field of kidney stone disease prevention. Saba's primary focus revolves around dietary patterns and disease prevention, with a particular

emphasis on breast cancer and nephrolithiasis. Her research efforts are notably reflected in several publications in peer-reviewed journals.

“Serving as a reviewer for the *Urology Journal* is truly an honor. I cherish the opportunity to contribute to the improvement of critical thinking and to delve deeper into the specific field I evaluate. The review process, to me, is a reciprocal learning experience. It allows me to deepen my understanding while assisting authors in refining their research papers. The exchange of insights in this collaborative process is immensely satisfying. Each step in this journey is not only an opportunity for personal growth but also a chance to share knowledge and to be part of impactful and transformative endeavors.”