

## REVIEW ARTICLE

# Prehospital ECG Interpretation Methods for ST-Elevation MI Detection and Catheterization Laboratory Activation: A Systematic Review and Meta-Analysis

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**Abstract:** **Introduction:** The diagnostic accuracies of different electrocardiography (ECG) interpretation methods remain unclear. Therefore, this study aimed to systematically evaluate and compare the diagnostic accuracy of prehospital 12-lead ECG interpretation methods for identifying ST-elevation myocardial infarction (STEMI) and activating cardiac catheterization laboratories (CCLs). **Methods:** A comprehensive search was conducted in Medline, Scopus, and CINAHL databases up to August 2024. Two reviewers independently selected studies that assessed the diagnostic accuracy of prehospital 12-lead ECG in real-time STEMI identification and CCL activation. Pooled estimates of sensitivity, specificity, diagnostic odds ratio (DOR), and area under the curve (AUC) were calculated using bivariate generalized mixed-effects regression models or random-effects meta-analysis as appropriate. The quality of the included studies was assessed using the QUADAS-2 tool. **Results:** Thirty-six studies involving 67,168 patients were included. Overall, for STEMI identification, the pooled AUC of ECG was 0.96 (95%CI:0.94–0.98), sensitivity was 80% (95% CI, 69–88%), specificity was 97% (95%CI: 94–98%), and DOR was 114 (95%CI: 59–222). Ambulance clinicians achieved the highest DOR (264; 95%CI: 33–2125), followed by transmission method (136; 95%CI, 59–312) and computer-assisted analysis (78; 95%CI: 33–186). Transmission method demonstrated superior specificity (0.98; 95%CI: 0.94–0.99) and the lowest rates of inappropriate (13.2%; 95% CI: 8.6%–19.2%), and false-positive (11.0%; 95%CI: 6.9%–15.0%) CCL activations. **Conclusion:** All prehospital ECG interpretation methods yielded acceptable diagnostic accuracy for STEMI identification; however, transmission offered the greatest specificity and fewer unnecessary CCL activations. Adopting transmission-based strategies, where feasible, and enhancing training and decision support for ambulance clinicians may improve prehospital STEMI detection and resource utilization.

**Keywords:** Emergency medical services; ST-elevation myocardial infarction; Cardiac catheterization; 12-lead ECG; Diagnostic techniques and procedures

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## 1. Introduction

Rapid and accurate prehospital identification of ST-elevation myocardial infarction (STEMI) is essential for initiating timely reperfusion therapy and improving patient outcomes (1, 2). Advancements in emergency medical services (EMS) have made the use of prehospital 12-lead electrocardiogra-

phy (ECG) a cornerstone in early STEMI detection and management (3). However, the effectiveness of different ECG interpretation methods—such as ambulance clinician interpretation, computer-assisted analysis, and transmission to receiving centers for expert evaluation—varies, and their comparative diagnostic accuracies remain unclear (4).

Early recognition of STEMI by EMS has consistently demonstrated reductions in time to reperfusion therapy, whether through thrombolysis or percutaneous coronary intervention (PCI), leading to decreased morbidity and mortality (5–8). Accurate 12-lead ECG interpretation enables EMS providers to make informed triage decisions, initiate appropriate treatments, and properly activate cardiac catheterization laboratories (CCLs) before hospital arrival (9, 10). Inaccurate prehospital ECG interpretations can lead to inappropriate or false-positive CCL activations, straining healthcare resources and exposing patients to unnecessary risks associated with unwarranted invasive procedures (11).

Despite individual studies assessing the diagnostic accuracy of various prehospital 12-lead ECG interpretation methods, there is a lack of comprehensive comparisons among these methods to determine which offers the highest diagnostic accuracy in prehospital settings. Conversely, missed STEMI diagnoses can lead to delays in reperfusion therapy, resulting in poorer clinical outcomes (12). Understanding the diagnostic accuracy and impact of each interpretation method on inappropriate CCL activation rates is crucial for optimizing EMS protocols and enhancing patient care.

Therefore, this systematic review and meta-analysis aimed to compare the diagnostic accuracy of different prehospital 12-lead ECG interpretation methods in identifying STEMI in adult patients. The secondary objective was to assess rates of inappropriate and false-positive CCL activations associated with each interpretation method.

## 2. Methods

This systematic review and meta-analysis was conducted in accordance with the Preferred Reporting Items for Systematic Review and Meta-Analysis of Diagnostic Test Accuracy (PRISMA-DTA) guidelines (13). The protocol of this review was registered with the International Prospective Register of Systematic Reviews (PROSPERO; ID: CRD42022355925).

### 2.1. Search strategy

A comprehensive electronic search was performed in Medline, Scopus, and CINAHL databases to identify relevant studies published between January 1990 and August 2024. The start date was chosen because the feasibility of prehospital 12-lead ECG was first published in phase I of the FAST-MI study in 1990 (14). The search strategy combined Medical Subject Headings and text words related to four key concepts: 1) EMS, 2) STEMI or PCI, 3) 12-lead ECG, and 4) diagnostic accuracy (Supplementary Table S1). We also searched the reference lists of included studies and relevant reviews for additional articles.

### 2.2. Study selection criteria

Studies were eligible for inclusion if they were English-written peer-reviewed randomized controlled trials or observational studies (cohort, case-control, cross-sectional) that assessed the diagnostic accuracy of prehospital 12-lead ECG in identifying STEMI. The population of interest was adult patients ( $\geq 18$  years) with suspected STEMI assessed in a prehospital setting by the ambulance service. Studies were excluded if they focused on acute coronary syndrome without specific data on STEMI, involved pediatric populations, were not published in English, or were abstracts, reviews, case reports, or not designed on population-based data. We excluded studies including artificial intelligence and machine learning interpretation and those that evaluated the diagnostic accuracy for adopted tools, scores, or other ECG paradigms such as occlusion myocardial infarction classification.

The intervention involved the use of prehospital 12-lead ECG for STEMI identification in real-time. This review focused on three methods of 12-lead ECG interpretation. First, the ambulance clinician interpretation, where ambulance clinicians with any skill level (i.e. physician, nurse, paramedic, or emergency medical technician) interpret the 12-lead ECGs autonomously without any assistance. Second, computer-assisted interpretation, which involves using onboard computer algorithms or software that automatically analyze the 12-lead ECGs. Third, transmission to a receiving center or an expert, where prehospital ECG data are transmitted to an emergency physician or a cardiologist, allowing specialists to remotely interpret the ECG and provide immediate feedback or instructions to ambulance clinicians.

The definition of STEMI in the included study met the international 12-lead ECG criteria at the time the study was conducted.

The comparator in our study was the reference standard used in each included study to confirm STEMI or the appropriateness of CCL activation, which could be the final hospital diagnosis, cardiologist or emergency physician interpretation, or angiography findings. Studies had to report sufficient data to estimate at least one diagnostic accuracy metric, including sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), or accuracy. We also included studies that assessed the accuracy of prehospital CCL activation for PCI using prehospital 12-lead ECG that reported sufficient data to estimate inappropriate CCL activation rate (proportion of canceled catheterizations due to ECG finding not consistent with STEMI), and false positive CCL activation rate (absence of a culprit coronary artery lesion for the patients who were candidates for angiography and did not receive PCI).

Two reviewers (AA and SI) independently screened the titles and abstracts of all retrieved articles for eligibility using Covidence Software. Full-text articles of potentially relevant studies were then assessed against the inclusion criteria. Discrepancies between reviewers were resolved through consensus.

### 2.3. Data extraction

Data were independently extracted by two reviewers using a standardized data extraction form developed for this study. The form was piloted on five randomly selected studies to ensure clarity and consistency. Extracted data included study characteristics (first author, year of publication, country, study design, setting, data sources, and study duration); participant characteristics (sample size, mean age, and gender distribution); intervention details (method of patient selection, the skill level of ambulance clinicians, and method of ECG interpretation); reference standards (final hospital diagnosis, cardiologist or emergency physician interpretation, or PCI findings); and outcomes (sensitivity, specificity, PPV, NPV, accuracy, numbers of true positives [TP], false positives [FP], true negatives [TN], and false negatives [FN], rates of inappropriate CCL activation, and false-positive CCL activation).

### 2.4. Risk of bias assessment

The quality and risk of bias of the included studies were independently assessed by two reviewers using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool (13). The QUADAS-2 tool evaluates four domains: patient selection, index test, reference standard, and flow and timing. Each domain was rated as "low," "high," or "unclear" risk of bias.

### 2.5. Data synthesis

For the primary outcome, we calculated pooled estimates of diagnostic accuracy metrics, including sensitivity, specificity, positive likelihood ratio, negative likelihood ratio, diagnostic odds ratio (DOR), and area under the receiver operating characteristic curve (AUC). These were primarily calculated using bivariate generalized mixed-effects regression models, which account for the correlation between sensitivity and specificity and the variability within and between studies (15). The statistical heterogeneity among studies was assessed using the  $I^2$  statistic, whereas the Deek's funnel plot asymmetry test was used to assess for publication bias.

To compare the 12-lead ECG interpretation methods, we conducted separate meta-analyses for each method of interpretation using the same above-mentioned approach. Sensitivity analyses were performed to assess the influence of individual studies on the pooled estimates by excluding outliers identified through scatter plots of standardized residuals and Cook's distance measures.

Random-effects meta-analysis models employing the DerSimonian and Laird method (16) were used to estimate the pooled mean age, proportion of male sex, and other diagnostic metrics, including PPV, NPV, accuracy, and rates of inappropriate and false-positive CCL activations. Stata software version 16 (Stata Corp LLC) was used to pool data. The statistical packages MIDAS and METAN were used for bivariate and random effects meta-analyses, respectively (17).

## 3. Results

The electronic literature search yielded 2,825 studies. After removing 931 duplicates, 1,793 irrelevant studies were excluded after the initial titles and abstracts screening. Then, 101 full-text articles were assessed against eligibility criteria and a total of 36 studies were included in the analysis (Figure 1).

### 3.1. Study characteristics

Table 1 summarizes the characteristics of the included studies, and detailed information for each study is provided in the supplementary table S2. Of the 36 included studies, 19 assessed the diagnostic accuracy of prehospital 12-lead ECG in identifying STEMI (18-36), and 18 studies evaluated the accuracy of CCL activation based on prehospital ECG interpretation (32, 37-53). One study assessed both STEMI identification and CCL activation (32).

Most studies were conducted in North America ( $n=27$ ; 75%) and used retrospective observational designs ( $n=23$ ; 66%). The median publication year was 2012 (IQR: 2006–2015). The total number of patients across all studies was 67,168, with 59,162 patients in the STEMI studies and 12,001 patients in the CCL activation studies. The pooled mean age was 61.6 years (95% CI: 57.0–65.8), and the pooled percentage of male patients was 63.2% (95% CI: 46.6%–79.7%). Participants were selected based on suspected STEMI ( $n=17$  studies; 47%) or from available 12-lead ECG data ( $n=19$  studies; 53%). In STEMI studies, the definitive treatment was PCI in eight studies, thrombolytic therapy in five studies, and not specified in six studies.

The methods of ECG interpretation assessed included ambulance clinician interpretation in seven STEMI studies and four CCL activation studies, computer-assisted interpretation in eight STEMI studies and nine CCL activation studies, and transmission to receiving centers in seven STEMI studies and nine CCL activation studies. The most frequent reference standard was the final hospital diagnosis ( $n=10$ ; 53%) for STEMI studies and angiography findings ( $n=10$ ; 56%) for CCL activation studies.

### 3.2. Diagnostic accuracy of ECG in identifying STEMI

The pooled performance estimates from the bivariate meta-analysis are presented in Table 2. The overall pooled AUC was 0.96 ( $n=17$  studies; 95% CI: 0.94–0.98) (Figure 2A). Stratified by the method of ECG interpretation, ambulance clinicians achieved the highest AUC of 0.98 ( $n=5$  studies; 95% CI: 0.97–0.99), followed by computer-assisted interpretation at 0.95 ( $n=8$  studies; 95% CI: 0.93–0.97), and transmission to specialists at 0.94 ( $n=6$  studies; 95% CI: 0.91–0.95) (Figure 2B). The overall pooled sensitivity was 80.0% (95% CI: 69%–88%;  $I^2=96.6\%$ ) and pooled specificity was 97.0% (95% CI: 94.0%–98.0%;  $I^2=100\%$ ). The pooled sensitivity was higher for ambulance clinicians (94%, 95% CI: 0.80–0.98), compared to the computer-assisted (73%; 95% CI: 58%–84%) and trans-

mission (72%; 95% CI: 58%–83%) methods. While the specificity was lower for ambulance clinicians (94%; 95% CI: 74%–99%) with a wider confidence interval, compared to the computer-assisted (97%; 95% CI: 93%–98%) and transmission (98%; 95% CI: 94%–99%) methods.

The overall DOR was 114 (95% CI: 59–222), indicating high discriminatory performance. Ambulance clinicians had the highest DOR at 264 (95% CI: 33–2125), followed by transmission to emergency or cardiology specialists at 136 (95% CI: 59–312) and computer-assisted interpretation at 78 (95% CI: 33–186). Positive likelihood ratios were high across all methods, with an overall pooled positive likelihood ratio of 23.7 (95% CI: 12.9–43.3). Specifically, the positive likelihood ratio was lowest at 16.5 (95% CI: 3.2–85.3) for ambulance clinicians and highest at 38.3 (95% CI: 13.7–106.6) for transmission to specialists. These values suggest that a positive result substantially increases the likelihood of having STEMI, making the test highly confirmative across all methods.

Negative likelihood ratios varied among methods with a pooled estimate of 0.21 (95% CI: 0.13–0.32), showing moderate exclusive diagnostic informativeness. Ambulance clinicians had a stronger ability to rule out STEMI when negative (exclusive test) with a negative likelihood ratio of 0.06 (95% CI: 0.02–0.23), compared to the computer-assisted and transmission methods that had moderate ability with negative likelihood ratio values around 0.28. When the test was negative, the probability of STEMI diagnosis was 2% by ambulance clinicians but 7% in the computer-assisted and transmission methods (Supplementary Figure S1 Feagan Plot). These results are comparable to the pooled PPV, NPV, and accuracy as estimated using random-effect meta-analysis (Figure 3). The pooled accuracy was highest for transmission at 92.4% (95% CI: 89.0%–95.9%;  $I^2 = 97.0\%$ ), followed by ambulance clinicians at 88.3% (95% CI: 80.4%–96.2%;  $I^2 = 98.0\%$ ), and computer-assisted at 88% (95% CI: 82%–94%;  $I^2 = 99.1\%$ ).

The sensitivity analysis excluding one outlier and influential study (26) within the ambulance-clinicians method (Supplementary Figure S2) detected slight changes in the pooled estimates for overall and ambulance clinicians method (Supplementary Table S3). The Deek's funnel plot asymmetry test for all studies suggested no statistically significant evidence of publication bias (Slope coefficient -1.70; 95% CI: -36.27, 32.86;  $P = 0.918$ ) (Supplementary Figure S3).

### 3.3. Diagnostic accuracy of ECG in CCL activation

Figure 4 shows forest plots summarizing the pooled inappropriate and false-positive CCL activation rates. The overall pooled inappropriate CCL activation rate for all modes of interpretation was 17.1% ( $n = 18$  studies; 95% CI: 9.1%–25.1%), and the false-positive CCL activation rate was 13.5% ( $n = 21$  studies; 95% CI: 10.4%–16.6%).

The inappropriate CCL activation rate was lowest for the transmission method at 13.2% ( $n = 8$  studies; 95% CI:

8.6%–19.2%), compared to computer-assisted method at 22.3% ( $n = 7$  studies; 95% CI: 7.4%–37.3%) and ambulance clinician method at 19.4% ( $n = 3$  studies; 95% CI: 9.6%–29.2%). The false-positive CCL activation rate was lowest for the transmission method at 11.0% ( $n = 9$  studies; 95% CI: 6.9%–15.0%) and highest for ambulance clinicians at 25.9% ( $n = 3$  studies; 95% CI: 13.2%–38.6%). The false-positive CCL activation rate for computer-assisted method was 13.2% ( $n = 9$  studies; 95% CI: 8.3%–18.1%).

### 3.4. Quality assessment of included studies

The quality assessment results using QUADAS-2 are included in the supplementary file (Figure S4). Overall, most of the included studies had a low risk of bias for all domains, except for the “reference standard” domain. A total of 11 studies showed a high risk of bias in the reference standard domain (19, 22–28, 36, 38, 43). This was mainly because the results of the reference standard in these studies (physician, final hospital diagnosis, and PCI) were interpreted with the knowledge of the index test results (the prehospital initial diagnosis) and the risk of bias may not be avoidable in these studies. In the index test domain, a high risk of bias was found when the interpretation of the ambulance clinicians and transmission had been exposed to computer assistance diagnosis in 7 studies (20, 26, 35, 37, 39, 41, 45). Regarding the patient selection domain, one study had a high risk of bias because it had a case-control design with a nonconsecutive selection (53). Additionally, the “flow and timing” domain indicated that three studies had a high risk of bias because of the unknown period between the prehospital diagnosis and reference standard diagnosis and missing information about the final diagnosis for a few patients (38, 40, 47). No significant mismatch was found in the “applicability” domain to the review question except in three studies (20, 40, 43).

## 4. Discussion

This systematic review and meta-analysis evaluated the diagnostic accuracy of prehospital 12-lead ECG in identifying STEMI across different methods of interpretation. Across 36 studies (67,168 patients), all prehospital ECG interpretation methods showed high diagnostic accuracy for STEMI identification (AUC=0.96; sensitivity=80%; specificity=97%; DOR=114). Transmission method provided higher specificity (98%) and minimized inappropriate (13.2%) and false-positive (11%) CCL activations, with a favorable DOR (136) and the strongest positive likelihood ratio (38.3). Although computer-assisted method maintained high specificity (97%), its sensitivity was comparatively lower (73%). Ambulance clinicians achieved the highest sensitivity (94%) and greatest discriminatory power (DOR=264) but had lower specificity (94%) and higher rates of false-positive CCL activations (25.9%). However, ambulance clinicians presented the best rule-out capability for STEMI (2% residual risk if negative) compared with transmission and computer-assisted methods (7%).

The substantial heterogeneity observed in the included studies impacts the reliability and generalizability of the pooled estimates of this review. The heterogeneity may stem from differences in study designs, populations, settings, definitions of outcomes, and variations in the implementation of ECG interpretation methods. Additionally, the quality assessment revealed that most studies had a low risk of bias in the domains of patient selection and flow and timing. However, the index test may have been influenced by the knowledge of other tests since ambulance clinicians or a specialist who received transmitted 12-lead ECGs may have been influenced by the printed diagnosis suggested by the computer software (20, 26, 35, 37, 39, 41, 45), which may introduce automation bias (54). In addition, 12 studies (19, 20, 22-28, 36, 38, 43) (33%) carried a high risk of bias in the reference standard domain because the standard (e.g., physician diagnosis, final hospital findings, or angiography) might have been influenced by prior knowledge of prehospital ECG interpretations. This incorporation bias could inflate the pooled diagnostic performance metrics. While unavoidable in real-time clinical scenarios, it suggests the need for caution when interpreting these pooled estimates.

The findings suggest that transmission method, involving specialist interpretation, can enhance diagnostic accuracy and reduce unnecessary CCL activations. The involvement of a cardiologist, for example, can improve resource allocation and reduce door-to-device times and in-hospital mortality rates (39, 55). Although not yet universally mandated (56), prehospital ECG transmission is widely implemented in developed EMS systems, regardless of the method of interpretation (57). EMS systems must consider the feasibility and resource implications of implementing this technology. In settings where transmission is not feasible, efforts should focus on enhancing the training and decision support for ambulance clinicians to improve specificity without compromising sensitivity.

Still, ambulance clinician interpretation remains the most frequently adapted method of 12-lead ECG interpretation, followed by the computer-assisted method (57). While ambulance clinicians showed higher sensitivity and a stronger ability to rule out STEMI, our findings differ somewhat from an earlier meta-analysis reporting a similar level of sensitivity for computer-assisted method (58). This discrepancy could be due to our use of bivariate models that account for correlation between sensitivity and specificity and differences in study inclusion. As an essential decision support tool, computer algorithms can vary between manufacturers and over time due to technological advancements (59-61). These algorithms may be substituted with machine learning algorithms that have demonstrated superior accuracy in detecting acute coronary syndrome and STEMI compared with commercial software (62-64). However, careful validation and training are needed to prevent overreliance and automation bias (65).

Today, paramedic interpretation is usually preferable in many EMS systems as it is a faster and more cost-effective

method (66). Also, emergency health services may also be more willing to tolerate some degree of false positive CCL activation to avoid missing true STEMI cases, prioritizing timely reperfusion. However, the extremely wide confidence interval for ambulance clinicians' DOR (33-2125) underscores notable variability in diagnostic performance across different EMS settings, reflecting one limitation of relying solely on this interpretive method.

Further, low accuracy in ECG interpretation by paramedics, especially in developing systems, remains concerning (67, 68). Regular training and competency standards for 12-lead ECG interpretation should be established to address this issue (69). The 2023 European Society of Cardiology (ESC) guidelines mandate regular and structured training of ambulance staff for a high-quality ambulance service (70). Integrating a multifaceted strategy, including standardized protocols, continuous quality assurance, artificial intelligence, and careful cost-effectiveness assessment, may enhance paramedic decision-making, improve diagnostic accuracy, and streamline resource use in prehospital STEMI care (60, 61, 71).

## 5. Limitations

The current review has several limitations. The substantial heterogeneity and risk of bias identified limit the certainty of the pooled estimates. Although subgroup and sensitivity analyses were explored, significant heterogeneity persisted. The retrospective nature of most included studies may introduce selection bias. Although the Deek's funnel plot did not indicate significant asymmetry, there is always a possibility of publication bias as the search was limited to English-language publications. We should acknowledge that the long timeframe over which these studies were conducted may have included evolving definitions of STEMI and advancements in paramedicine and technology.

## 6. Conclusions

All prehospital ECG interpretation methods for identifying STEMI demonstrate high diagnostic accuracy, yet important differences in performance were observed. The transmission-based method provided superior specificity and reduced unnecessary CCL activations, whereas ambulance clinicians, despite offering the strongest rule-out capability and highest sensitivity, faced challenges with lower specificity and more frequent false positive CCL activations. Computer-assisted method maintained strong specificity but lower sensitivity, suggesting a supportive, rather than a standalone, role for paramedics. Where transmission is not feasible, ongoing efforts to improve paramedic training, standardized protocols, quality assurance, and computer-assisted tools may help optimize accuracy and resource use.

## 7. Declarations

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### 7.3. Data Availability Statement

Data available on request.

### 7.4. Author contributions

AA and SI conceived the idea, developed the study design, contributed to study selection, data extraction, data analysis, visualization, and quality assessment; AA and SI, and ZA wrote the first draft of the manuscript; and All authors critically reviewed and edited the manuscript and approved the final version.

### 7.5. Conflict of interest

The authors declare that there are no conflicts of interest related to this work.

### 7.6. Using artificial intelligence chatbots

The authors acknowledge that artificial intelligence (AI)-based chatbots (e.g., ChatGPT) were used solely to assist in drafting and refining text in certain portions of this manuscript. All content was verified and revised by the authors.

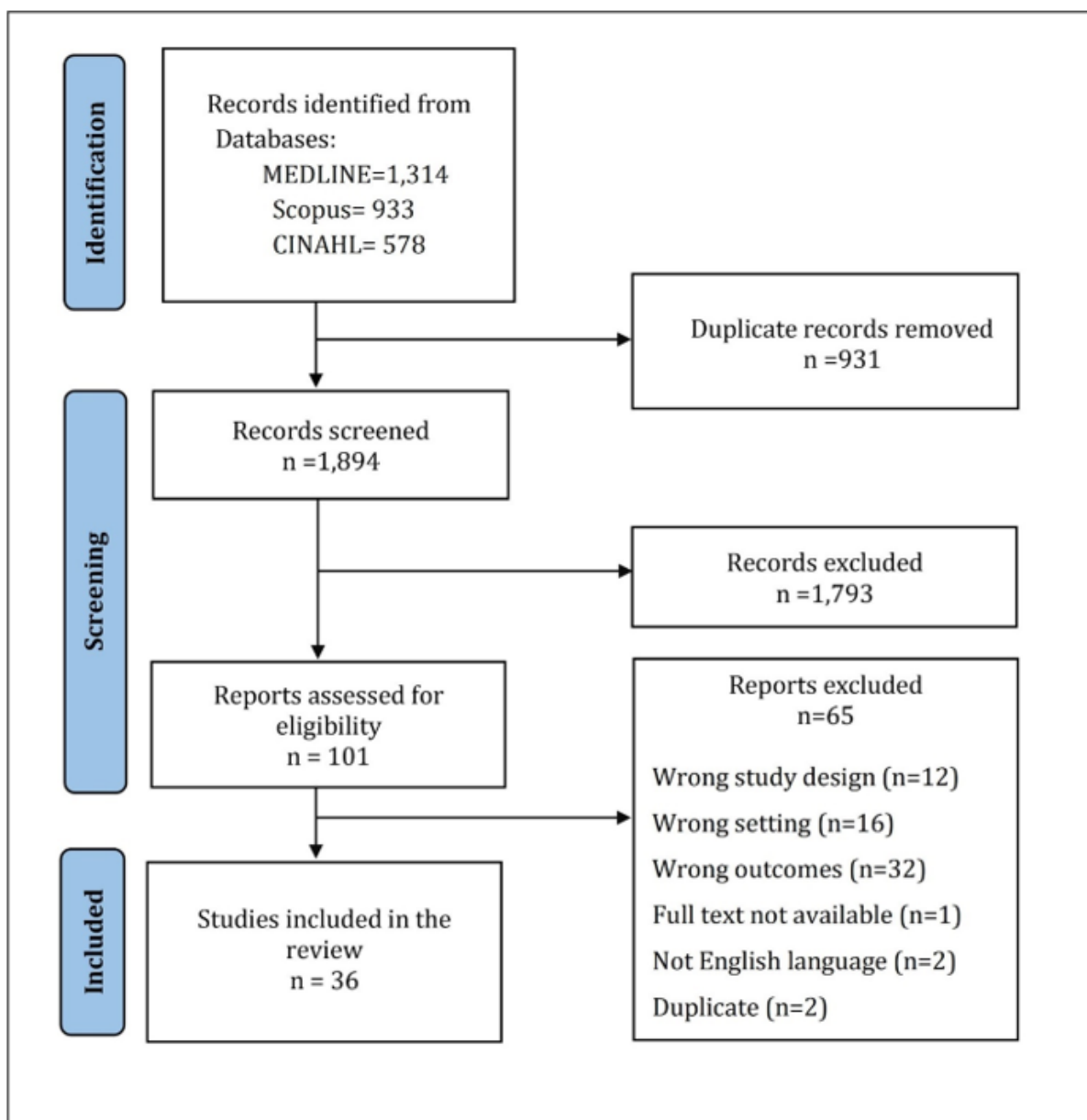
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**Figure 1:** Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA) flow diagram.

**Table S 1:** Search strategy for Medline, CINAHL, and Scopus (Keywords only)

| Type             | EMS                                                                                                                                                                                                                     | STEMI/PCI                                                                                                                                                                                 | Diagnosis accuracy                                                                                                                                                               | 12-lead ECG                                    |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| <b>MeSH term</b> | exp Emergency Medical Services/<br>exp Ambulances/ exp Emergency Medical Technicians/                                                                                                                                   | exp Myocardial Infarction/<br>exp ST Elevation Myocardial Infarction/                                                                                                                     | "Sensitivity and specificity"[MeSH] OR predict*[tw]<br>OR diagnos*[tw] OR accuracy*[tw]                                                                                          | (MH" Electrocardiography+")                    |
| keywords         | (prehospital or pre-hospital or out-of-hospital or paramedic? or paramedic\$ or ambulance? or emergency medical service? or EMS or emergency service? or emergency technician? or emergency medical technician?).ti,ab. | (Acute myocardial infarction or AMI or STEMI or ST-Elevation Myocardial Infarction or st elevation acute coronary syndrome or heart attack or st elevation).ti,ab. Cardiac catheter* Lab* | Sensitivity OR detect* OR diagnos* OR "diagnostic accuracy" OR specificity* OR OR positive OR negative false negative; FP, false positive; TN, true negative; TP, true positive. | electrocardio*" OR "ECG" OR "EKG" OR "12-lead" |

**Table 1:** Characteristics and outcomes of all included studies in the analysis

| Variables                                            | Overall          | STEMI diagnosis  | CCL activation   |
|------------------------------------------------------|------------------|------------------|------------------|
| <b>Total studies</b>                                 |                  |                  |                  |
| Number                                               | 36               | 19               | 18               |
| <b>Number of cases</b>                               |                  |                  |                  |
| Sum                                                  | 67,168           | 59,162           | 12,001           |
| <b>Age (year)</b>                                    |                  |                  |                  |
| Pooled mean (95% CI)                                 | 61.6 (57.0-65.8) | 65.6 (65.3-65.9) | 61.3 (56.2-66.4) |
| Male                                                 | 63.2 (46.6-79.7) | 62.9 (56.9-68.9) | 69.0 (67.2-70.9) |
| <b>Pooled percentage (95% CI)</b>                    |                  |                  |                  |
| <b>Year of publication</b>                           |                  |                  |                  |
| Median (IQR)                                         | 2012 (2006-2015) | 2006 (1998-2014) | 2014 (2011-2016) |
| <b>Study duration in years</b>                       |                  |                  |                  |
| Median (IQR)                                         | 1.21 (1-2)       | 1 (0.7-1.3)      | 2 (1-3)          |
| <b>Study design, n (%)</b>                           |                  |                  |                  |
| Prospective                                          | 13 (34.0)        | 6 (28.0)         | 7 (39.0)         |
| Retrospective                                        | 23 (66.0)        | 13 (72.0)        | 11 (61.0)        |
| <b>Region, n (%)</b>                                 |                  |                  |                  |
| North America                                        | 27 (75.0)        | 12 (63.0)        | 15 (83.0)        |
| Europe                                               | 7 (19.0)         | 6 (31.0)         | 2 (11.0)         |
| Asia-Pacific                                         | 2 (6.0)          | 1 (6.0)          | 1 (6.0)          |
| <b>Sample selection method, n (%)</b>                |                  |                  |                  |
| Suspected STEMI                                      | 17 (49.0)        | 8 (44.0)         | 10(56.0)         |
| Available 12-lead ECG                                | 19 (51.0)        | 11 (56.0)        | 8 (44.0)         |
| <b>Definitive treatment, n (%)</b>                   |                  |                  |                  |
| PCI                                                  | 25 (69.0)        | 8 (42.0)         | 18 (100.0)       |
| Thrombolytic                                         | 5 (14.0)         | 5 (26.0)         | 0 (0.0)          |
| Not Specified                                        | 6 (17.0)         | 6 (32.0)         | 0 (0.0)          |
| <b>Skill level of attending ambulance, n (%)</b>     |                  |                  |                  |
| BLS (emergency medical technicians)                  | 4 (11.0)         | 1 (5.0)          | 4 (22.0)         |
| ALS (paramedics and nurses)                          | 32 (89.0)        | 18 (95.0)        | 14 (88.0)        |
| <b>Mode of ECG interpretation (index test) n (%)</b> |                  |                  |                  |
| Ambulance clinicians                                 | 11 (31.0)        | 7 (37.0)         | 4 (22.2)         |
| Computer                                             | 17 (47.0)        | 8 (41.0)         | 9 (50.0)         |
| Transmission                                         | 15 (42.0)        | 7 (37.0)         | 9 (50.0)         |
| <b>Reference standards n (%)</b>                     |                  |                  |                  |
| Cardiologists/ ER physicians                         | 10 (28.0)        | 8 (42.0)         | 2 (11.0)         |
| Final hospital diagnosis                             | 15 (42.0)        | 10 (53.0)        | 6 (33.0)         |
| PCI                                                  | 11 (30.0)        | 1 (5.0)          | 10 (56.0)        |

STEMI: ST-elevation myocardial infarction; CCL: cardiac catheterization laboratory; ECG: electrocardiograph;

PCI: percutaneous coronary intervention; BLS: basic life support; ALS: advanced life support; ER: emergency room;

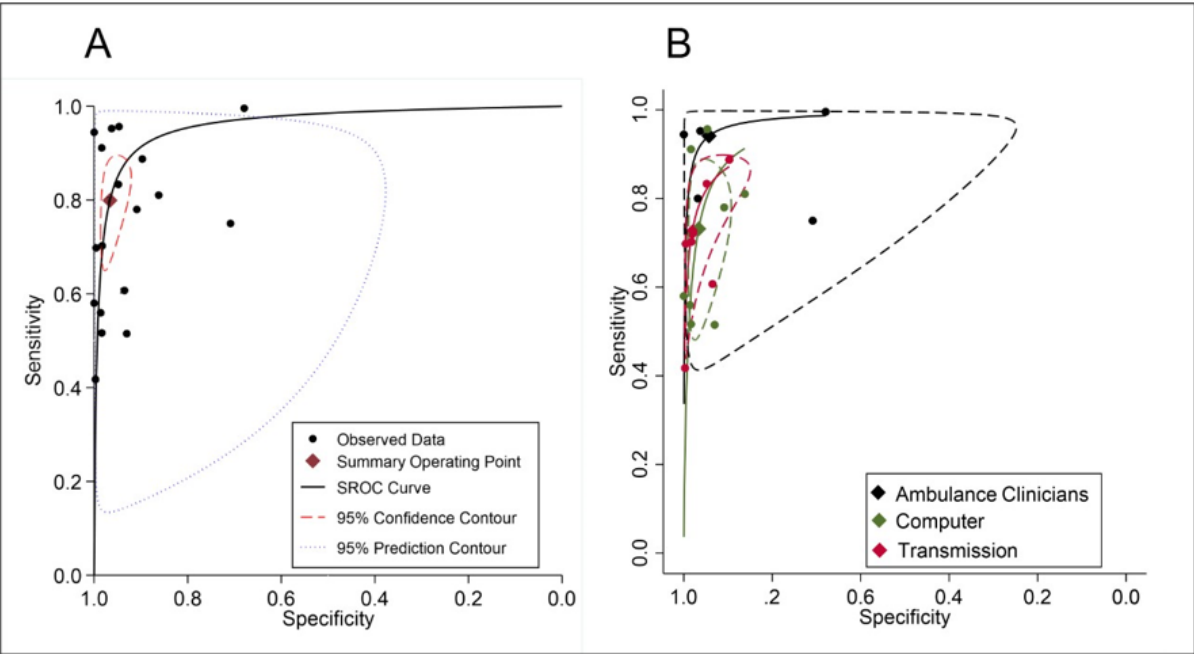
IQR: interquartile range; CI: confidence interval.

**Table 2:** The pooled screening performance characteristics estimates from the bivariate meta-analysis for all STEMI studies and by the methods of interpretation

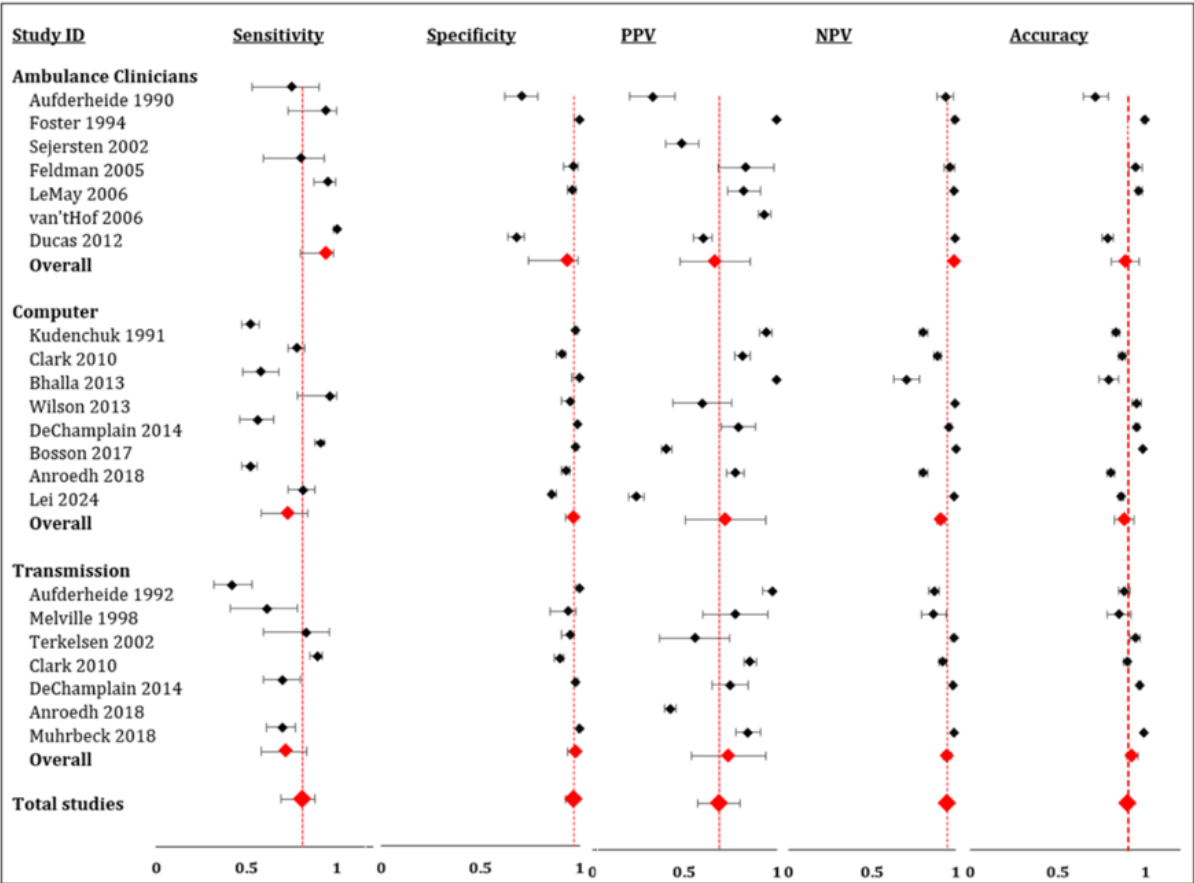
| Metrics                          | Overall (n=19)   | Ambulance clinician (n=5) | Computer (n=8)   | Transmission (n=6) |
|----------------------------------|------------------|---------------------------|------------------|--------------------|
| <b>AUC</b>                       | 0.96 (0.94-0.98) | 0.98 (0.97-0.99)          | 0.95 (0.93-0.97) | 0.94 (0.91-0.95)   |
| <b>Sensitivity</b>               | 0.80 (0.69-0.88) | 0.94 (0.80-0.98)          | 0.73 (0.58-0.84) | 0.72 (0.58-0.83)   |
| <b>Specificity</b>               | 0.97 (0.94-0.98) | 0.94 (0.74-0.99)          | 0.97 (0.93-0.98) | 0.98 (0.94-0.99)   |
| <b>Diagnostic Odds Ratio</b>     | 114 (59-220)     | 264 (33-2125)             | 78 (33-186)      | 136 (59-312)       |
| <b>Positive Likelihood Ratio</b> | 23.7 (12.9-43.3) | 16.5 (3.2-85.3)           | 21.6 (10.7-43.9) | 38.3 (13.7-106.6)  |
| <b>Negative Likelihood Ratio</b> | 0.21 (0.13,0.32) | 0.06 (0.02-0.23)          | 0.28 (0.17-0.45) | 0.28 (0.18-0.44)   |
| <b>I-square</b>                  | 100 (100,100)    | 96 (94-99)                | 98 (98-99)       | 99 (99,100)        |

All measures are presented with 9% confidence interval. AUC: area under the receiver operating characteristic curve;

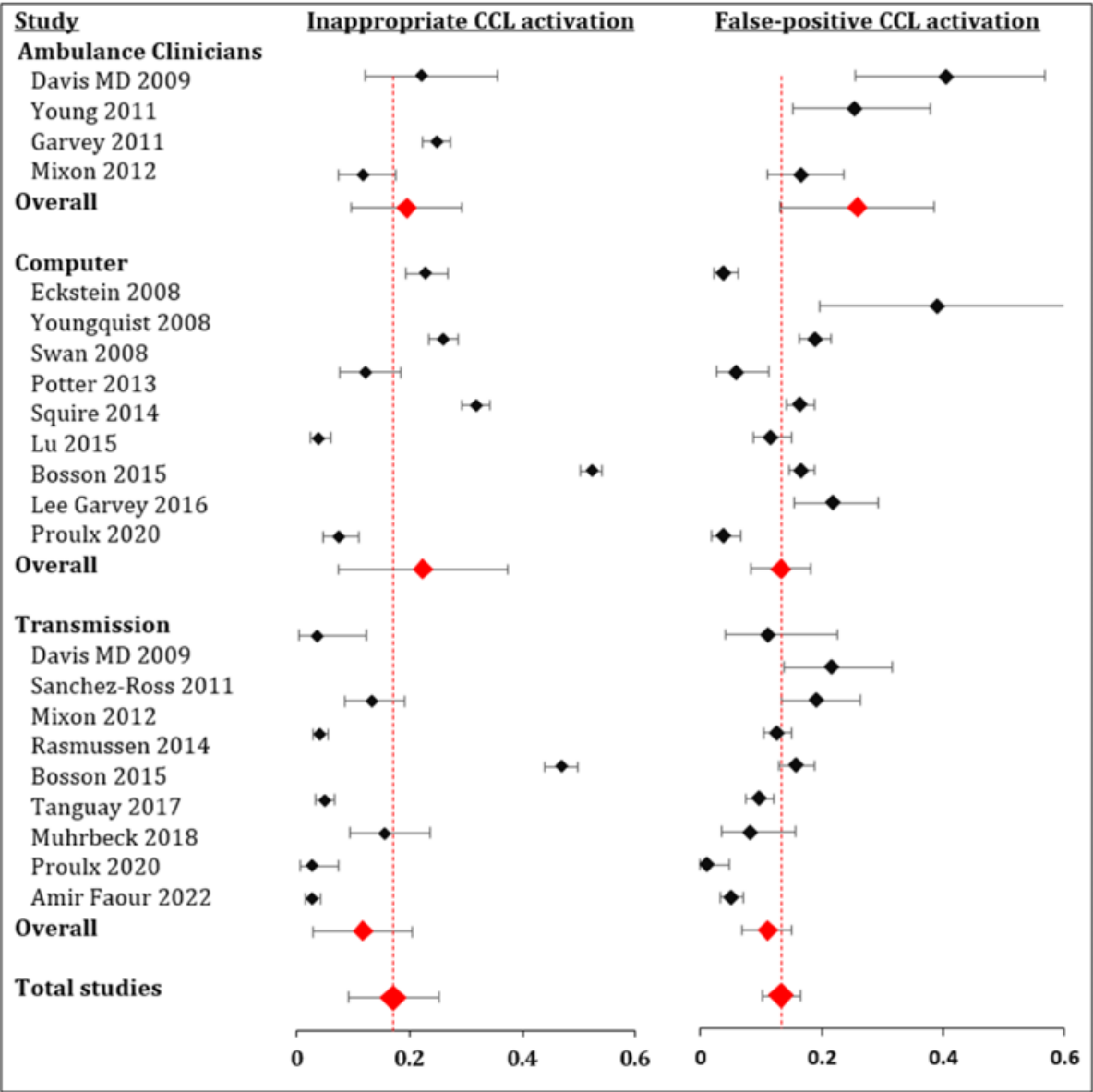
STEMI: ST-elevation myocardial infarction.



**Figure 2:** Area under the summary receiver operating characteristic (SROC) curve analysis for all ST-elevation myocardial infarction studies (A) and across the methods of interpretation (B).



**Figure 3:** The forest plot for all methods of interpretation for all diagnostic performance metrics. PPV: positive predictive value; NPV: negative predictive value.



**Figure 4:** The forest plot for all methods of interpretation for inappropriate and false-positive cardiac catheterization laboratory (CCL) activation.

**Table S 2:** The characteristics of the included studies

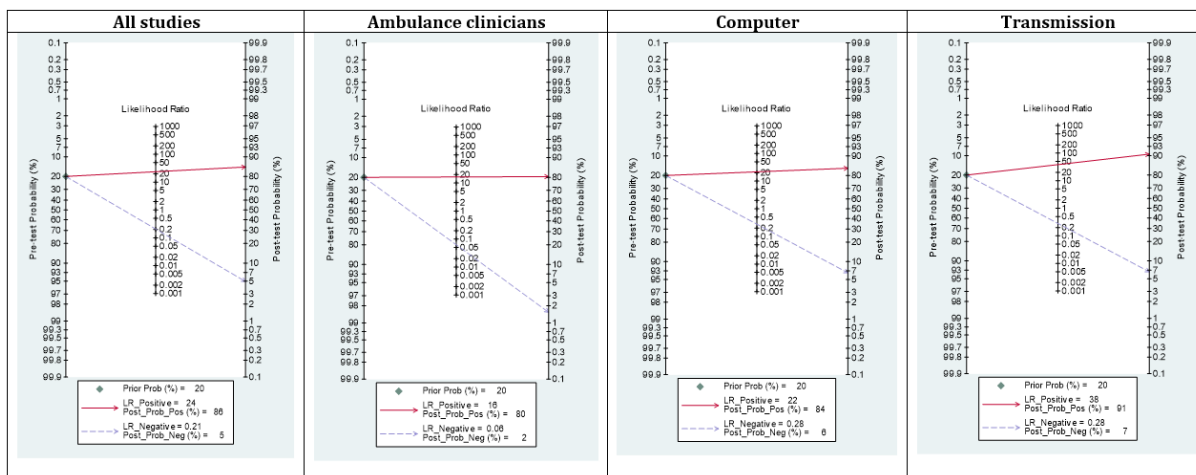
| Study              | Subject | Study design  | Sample size | Country     | EMT level            | Index test(s)                     | Reference standard       |
|--------------------|---------|---------------|-------------|-------------|----------------------|-----------------------------------|--------------------------|
| van Tt Hof, 2006   | STEMI   | Retrospective | 209         | Netherlands | Paramedics           | Ambulance Clinicians              | Final hospital diagnosis |
| Foster, 1994       | STEMI   | Retrospective | 155         | USA         | ALS providers        | Ambulance Clinicians              | Final hospital diagnosis |
| Clark, 2010        | STEMI   | Retrospective | 912         | Denmark     | Paramedics           | Computer/Transmission             | Final hospital diagnosis |
| De Champlain, 2014 | STEMI   | Retrospective | 1247        | Canada      | Paramedics/BLS       | Computer/Transmission             | Cardiologist             |
| Feldman, 2005      | STEMI   | Prospective   | 151         | USA         | Paramedics           | Ambulance Clinicians              | Cardiologist             |
| Sejersten, 2002    | STEMI   | Retrospective | 121         | USA         | Paramedics           | Ambulance Clinicians              | PCI                      |
| Melville, 1998     | STEMI   | Prospective   | 100         | UK          | Paramedics           | Transmission                      | Final hospital diagnosis |
| Bhalla, 2013       | STEMI   | Retrospective | 200         | USA         | EMT                  | Computer                          | Physicians               |
| Le May, 2006       | STEMI   | Prospective   | 411         | Canada      | ACPs                 | Ambulance Clinicians              | Cardiologist             |
| Bosson, 2017       | STEMI   | Retrospective | 44611       | USA         | Paramedics           | Computer                          | Final hospital diagnosis |
| Kudenchuk, 1991    | STEMI   | Retrospective | 1189        | USA         | Paramedics           | Computer                          | Physicians               |
| Ducas, 2012        | STEMI   | Prospective   | 380         | Canada      | Paramedics           | Ambulance Clinicians              | Cardiologist             |
| Wilson, 2013       | STEMI   | Retrospective | 309         | USA         | Paramedics           | Computer                          | Physicians               |
| Anroedh, 2018      | STEMI   | Retrospective | 1421        | Netherlands | Paramedics           | Computer/Transmission             | Final hospital diagnosis |
| CJ, 2002           | STEMI   | Retrospective | 250         | Denmark     | Paramedics           | Transmission                      | Physicians               |
| Aufderheide, 1990  | STEMI   | Retrospective | 151         | USA         | Paramedics           | Ambulance Clinicians              | Final hospital diagnosis |
| Aufderheide, 1992  | STEMI   | Prospective   | 439         | USA         | Paramedics           | Transmission                      | Final hospital diagnosis |
| Lai, 2024          | STEMI   | Prospective   | 2284        | Asia        | EMS Personnel        | Computer                          | Final hospital diagnosis |
| Muhrbeck, 2018     | Both    | Retrospective | 4298        | Sweden      | Paramedic and nurse  | Transmission                      | Final hospital diagnosis |
| Tanguay, 2017      | Cath    | Retrospective | 673         | Canada      | BLS-EMTs             | Transmission                      | PCI                      |
| Faour, 2022        | Cath    | Prospective   | 565         | Australia   | Paramedics           | Transmission                      | Final hospital diagnosis |
| Squire, 2014       | Cath    | Retrospective | 1448        | USA         | Paramedics           | Computer                          | PCI                      |
| Potter, 2013       | Cath    | Prospective   | 155         | Canada      | First responder      | Computer                          | PCI                      |
| Davis MD, 2009     | Cath    | Prospective   | 166         | USA         | Paramedics           | Ambulance Clinicians/Transmission | Cardiologist             |
| Young, 2011        | Cath    | Retrospective | 47          | USA         | Paramedics           | Ambulance Clinicians              | PCI                      |
| Garvey, 2011       | Cath    | Retrospective | 1150        | USA         | Paramedics           | Ambulance Clinicians              | PCI                      |
| Garvey, 2016       | Cath    | Retrospective | 151         | USA         | Paramedics           | Computer                          | PCI                      |
| Lu, 2015           | Cath    | Retrospective | 442         | Canada      | Paramedics           | Computer                          | Final hospital diagnosis |
| Proulx, 2020       | Cath    | Retrospective | 428         | Canada      | Ambulance technician | Computer/Transmission             | Final hospital diagnosis |
| Eckstein, 2008     | Cath    | Prospective   | 1220        | USA         | Paramedics           | Computer                          | PCI                      |
| Rasmussen, 2014    | Cath    | Prospective   | 919         | Denmark     | Paramedics           | Transmission                      | Final hospital diagnosis |
| Sanchez-Ross, 2011 | Cath    | Prospective   | 92          | USA         | EMS Personnel        | Transmission                      | PCI                      |
| Bosson, 2015       | Cath    | Retrospective |             | USA         | Paramedics           | Computer/Transmission             | PCI                      |
| Swan, 2009         | Cath    | Retrospective | 529         | USA         | BLS and ALS          | Computer                          | PCI                      |
| Youngquist, 2008   | Cath    | Prospective   |             | USA         | Paramedics           | Computer                          | Cardiologist             |
| Mixon, 2012        | Cath    | Retrospective | 345         | USA         | EMS personnel        | Transmission/Ambulance Clinicians | Final hospital diagnosis |

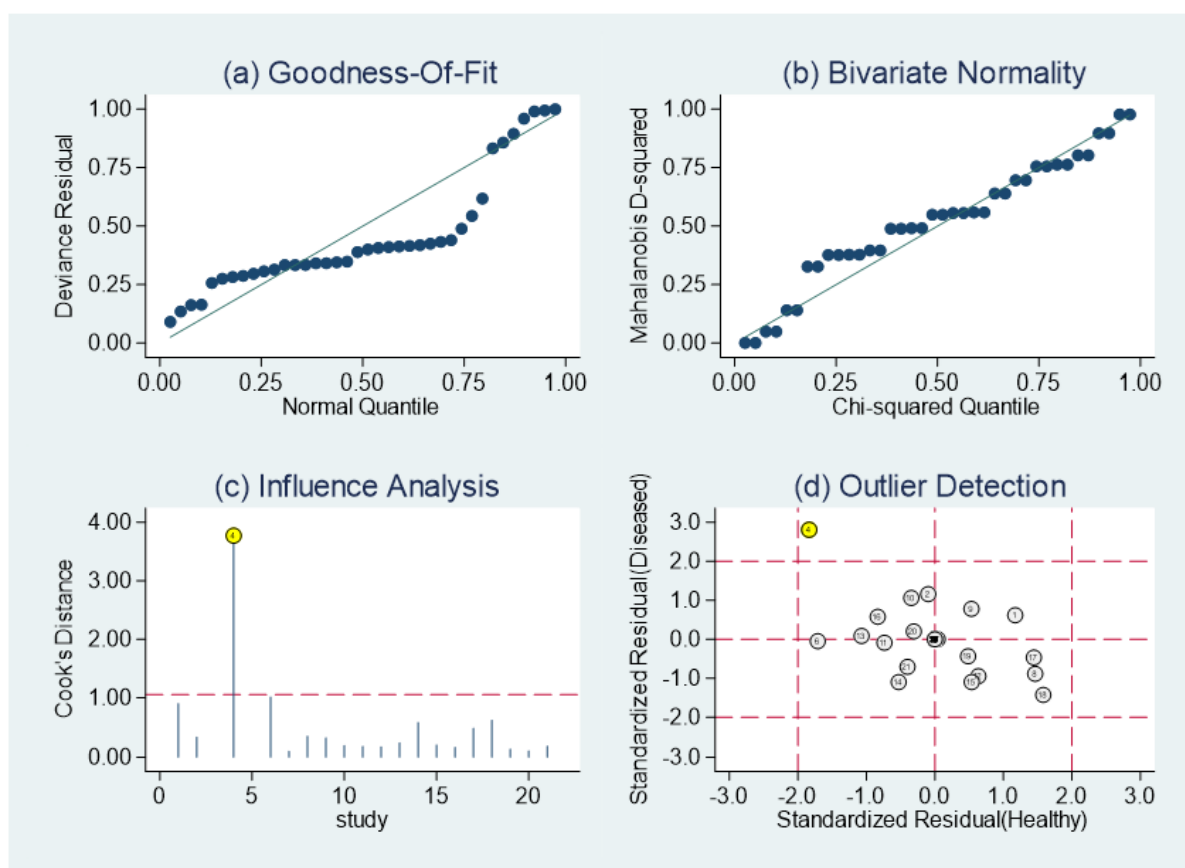
BLS: basic life support; EMT: emergency medical technician; PCI: precatious coronary intervention; ALS: advance life support; ACP: advance care Practitioner; EMS: emergency medical support; Cath: Catheterization laboratory activation; STEMI: ST-elevation myocardial infarction.

**Table S 3:** Sensitivity analysis after excluding outliers and influential studies

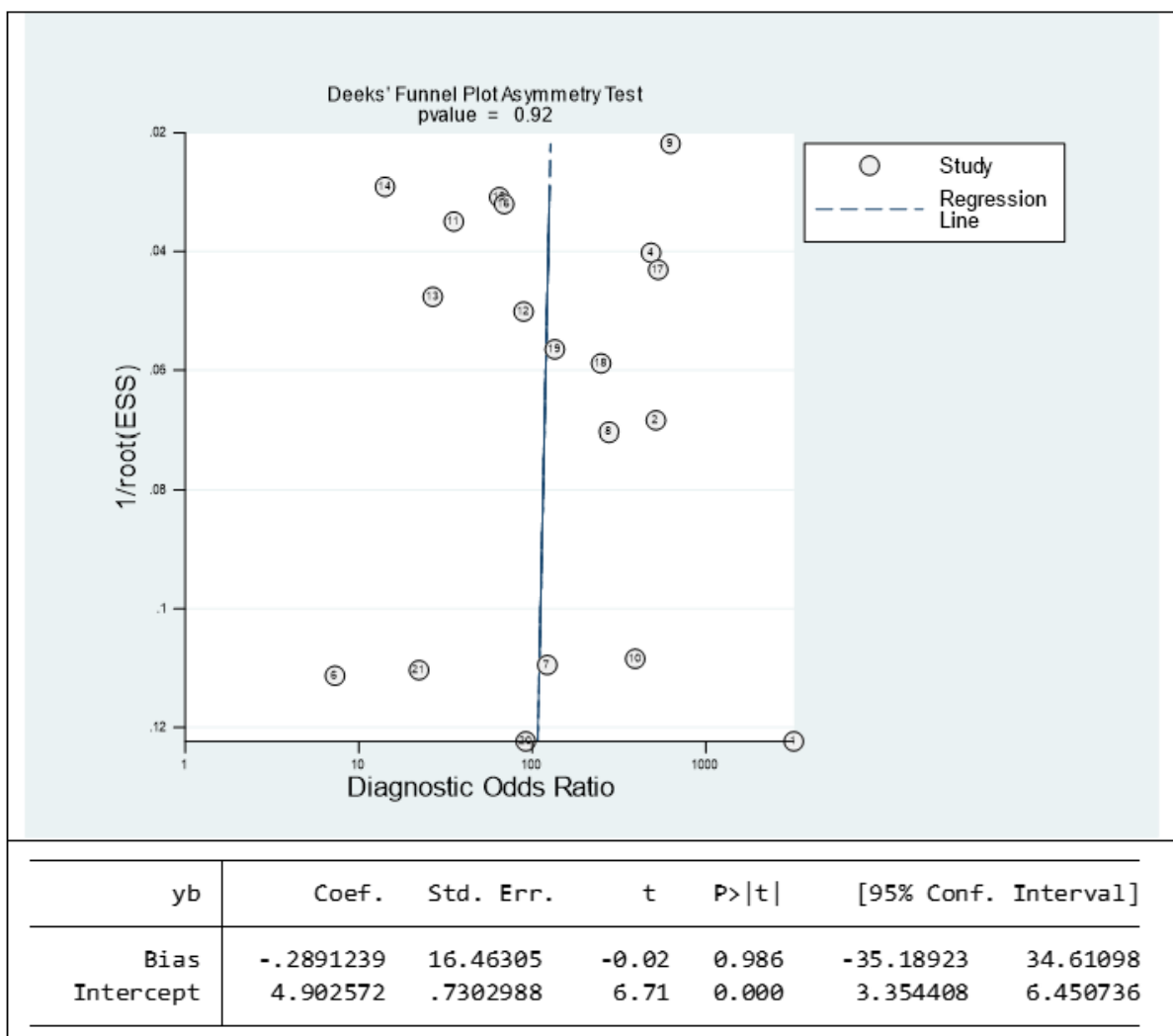
| Metrics                   | Overall           | Ambulance clinician (n=4) | Computer (n=8)     | Transmission (n=6) |
|---------------------------|-------------------|---------------------------|--------------------|--------------------|
| AUC                       | 0.95 (0.93, 0.96) | 0.96 (0.94 - 0.98)        | 0.95 (0.93 - 0.97) | 0.94 (0.91, 0.95)  |
| Sensitivity               | 0.76 (0.67, 0.83) | 0.90 (0.76, 0.96)         | 0.73 (0.58, 0.84)  | 0.72 (0.58, 0.83)  |
| Specificity               | 0.97 (0.95, 0.98) | 0.96 (0.81, 0.99)         | 0.97 (0.93, 0.98)  | 0.98 (0.94, 0.99)  |
| Diagnostic Odds Ratio     | 106 (54, 208)     | 232 (17, 3108)            | 78 (33, 186)       | 136 (59, 312)      |
| Positive Likelihood Ratio | 26.0 (14.2, 47.6) | 24.9 (3.9, 159.5)         | 21.6 (10.7, 43.9)  | 38.3 (13.7, 106.6) |
| Negative Likelihood Ratio | 0.25 (0.18, 0.34) | 0.11 (0.04, 0.27)         | 0.28 (0.17, 0.45)  | 0.28 (0.18, 0.44)  |
| I-square                  | 100 (99, 100)     | 57 (3-100)                | 99 (98, 99)        | 99(99,100)         |

AUC: area under the curve.

**Figure S 1:** Fagan Plots of different electrocardiogram interpretation methods for ST-elevation myocardial infarction identification in prehospital setting. Prob: probability; LR: likelihood ratio; Pos: positive; Neg: negative.



**Figure S2:** Outliers and influential studies.



**Figure S 3:** Deeks' funnel plot asymmetry test. ESS: effective sample size; Coef.: coefficient; Std. Err.: standard error; Conf. confidence.