

## Application of Real-Time PCR method for evaluation of measles vaccine heat stability

Mohammad Kazem Shahkarami<sup>1</sup>, Mohammad Shayestehpour<sup>1,2,\*</sup>, Alireza Sancholi<sup>1,3</sup>,  
Mohammad Taqavian<sup>1</sup>, Razieh Kamali Jamil<sup>1</sup>, Fatemeh Esna-Ashari<sup>1</sup>, Reza Shahbazi<sup>1</sup>

<sup>1</sup>Department of Human Viral Vaccines, Razi Vaccine and Serum Research Institute, Karaj, Iran

<sup>2</sup>Department of Virology, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran

<sup>3</sup>Department of Medical Virology, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran

\*Corresponding Author: email address: [shayesteh2009@yahoo.co.uk](mailto:shayesteh2009@yahoo.co.uk) (M. Shayestehpour)

### ABSTRACT

The Plaque Forming Unit (PFU) and Tissue Culture Infectious Dose<sub>50</sub> (TCID<sub>50</sub>) methods are used for evaluation of vaccine heat stability and effect of various stabilizers on thermal stability of vaccines. The aim of present study is using Real-Time PCR technique for estimation of vaccine degradation rate and thermal stability of measles vaccines. Lyophilized measles vaccines containing three various stabilizers were reconstituted with distilled water. Three vial of each vaccine incubated at 25°C for 0, 4 and 8 hours. Titer of virus in vaccines calculated by TCID<sub>50</sub> method. Also after RNA Extraction and cDNA synthesis, the RNA copy numbers of viruses in vaccines were estimated by absolute quantitative Real-Time PCR testing. The data were analyzed by SPSS 19 and Sigma Plot 11 software. The result of this study showed there is a significant relationship between vaccine degradation rate calculated with TCID<sub>50</sub> and Real-Time PCR method ( $p < 0.05$ ). Therefore Real-Time PCR is a good complement or appropriate replacement to traditional methods. Titration methods based on cell culture are gold tests for titration of viral vaccines and estimation of heat stability but Real-Time PCR technique can also be used for this goals. This method is faster, cheaper and easier than TCID<sub>50</sub>.

**Keywords:** Real-Time PCR; Measles vaccine; Stability

### INTRODUCTION

Measles is one of the most contagious viral diseases [1]. Vaccination against measles is the best method for disease eradication [2]. Today many live attenuated measles vaccines are using for this goal [3]. These vaccines are producing with various formulations containing stabilizers and measles virus strains [4].

Previous research showed that heat stability of live vaccines dependent to vaccine components [5, 6]. The producing more stable live vaccines are important for manufactures. For reaching to this goal, researchers try to increase the thermal stability of vaccines by changing the vaccine formulation [3, 7, 8].

Up to present, the determination of vaccine potency by tissue culture infectious dose (TCID<sub>50</sub>) is used for evaluation of measles vaccine heat

stability [9]. In this method, lyophilized or reconstituted live vaccines were kept at various temperatures for many hours and vaccine titration was carried out by microtitration assay [5, 10]. In TCID<sub>50</sub> assay the vaccine content add to Vero cells monolayers in microplate wells. After 10 days, cytopathic effects (CPE) are visible that show virus replication [6, 11]. It is true that TCID<sub>50</sub> assay is a suitable method for evaluation of vaccines thermal stability but this procedure is time-consuming because dependent on the CPE observation [12].

At the present, Real-Time PCR method is using for virus diagnosis and estimation of viral RNA copy numbers [13]. This test is performable at short time. The aim of this study is using Real-Time PCR as a fast method for evaluation of measles vaccine thermal stability.

## MATERIALS AND METHODS

### *Measles Vaccines and cell culture*

Measles vaccines with various formulations containing AIK-c strain and 3 different stabilizers (Razi, SSG and TD) were obtained from Razi serum and research institute of Iran. Monolayers of African green monkey kidney cells (Vero) were grown in Dulbecco's Modified Eagle Medium (DMEM) (Sigma-Aldrich) supplemented with 5% bovine calf serum and antibiotics (neomycin/kanamycin). Vero cells were used for microtitration assay.

### *Thermal stability testing for reconstituted vaccines*

Three frizz-dried vaccine vials from each formulation were reconstituted with 1 ml sterile distilled water. Diluted vaccines divided into three aliquots and exposed to 25°C. Titration assay carryout at 0, 4 and 8 hours after reconstitution by TCID<sub>50</sub> method. Also Real-Time PCR performed for determination of RNA copy numbers in vaccine vials.

### *Titration of vaccines*

Suspension of Vero cells was prepared with concentration of  $2 \times 10^5$  cell per milliliter. Also tenfold serial dilutions of reconstituted vaccines were prepared in Dulbecco's Modified Eagle Medium (DMEM) containing 2% bovine calf serum. 50 µl virus dilutions and 100 µl of Vero cell suspension added to wells of cell culture microplate. For each microplate a strilled cover were used to prevent microbial contamination and to maintain pH of medium constantly. The plates were incubated at 37°C in an atmosphere of 5% CO<sub>2</sub> in incubator. A standard vaccine with determined titer was used for control of the Vero cell cultures and microtitration assays at any working days. Cytopathic effects of virus (CPE) were checked using invert microscope after the sixth day of titration to the tenth day. Estimation of the 50% tissue culture infectivity dose (TCID<sub>50</sub>) was calculated using karber formula.

### *RNA extraction and cDNA synthesis*

Firstly, the reconstituted vaccines, after preserving in 25°C for 0, 4 and 8 hours, collected.

Then, viral RNA extracted from reconstituted vaccines by Amplisens DNA/RNA extraction kit

(Russia). cDNA synthesis from viral RNA carried out by using Fermentase kit. The reaction for synthesis of cDNA included 5 µ RNA, 1 µ random hexamer, 6.5 µ nuclease free water, 4 µ buffer 5x, 2 µ dNTP, 0.5 µ RiboLock RNase Inhibitor and 1 µ RevertAid RT. Then transported at 65°C for 5 minute, 25°C for 10 minute, 42°C for 60 minute and 70°C for 10 minute.

### *Real-Time PCR test*

The Real-Time PCR test performed using hydrolysis probe method. In this way, used from primers (forward primer: 5' TGG CAT CTG AAC TCG GTA TCA C3 and reverse primer: 5' TGT CCT CAG TAG TAT GCA TTG CAA 3') and probe (5' CCG AGG ATG CAA GGC TTG TTT CAG A3') that were designed for N gene of measles virus (synthesized by Metabion: Germany). For any reaction with final volume of 50 µl, used 25 µl Taqman universal PCR master mix (2x), 5 µl of forward and reverse primers, 5 µl Probe (10 pm), 5 µl water and 5 µl template. Reactions carried out using thermal cycle including 10 minute holding time in 95 °C followed by 40 cycle including 15s in 95 °C and 1 minute in 60 °C. For achieve to standard curve, serial dilutions (tenfold) of counted plasmid containing measles N gene was prepared.

### *Data analyses*

Sigma Plot 11 and SPSS 19 softwares were used for data analysis and statistical calculations.

## RESULTS

### *Titration of reconstituted vaccines by TCID<sub>50</sub> method*

Three measles vaccine, containing different stabilizers, reconstituted and preserving in 25 °C for 0, 4 and 8 hours. Then microtitration assay carried out and titer of vaccine calculated by TCID<sub>50</sub> method. Table 1 shows result of titrations.

**Table 1.** Titer of 3 reconstituted measles vaccine after preserving at 25 °C for 0, 4 and 8 hours

R Vaccine	log <sub>10</sub> TCID <sub>50</sub> /ml		Hours after reconstitution (25 °C)
	SSG Vaccine	TD Vaccine	
5.38±0.38	5.13±0.38	4.8±0.25	0
4.63±0.38	4.8	4.07±0.04	4
4.24±0.29	4.13±0.38	3.80±0.25	8

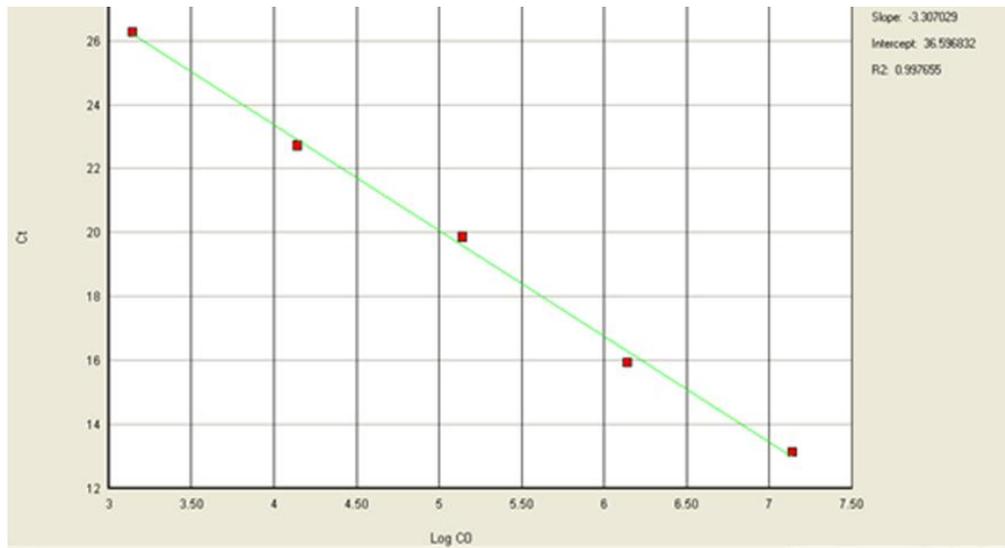


Figure1. Real-Time PCR standard curve for the estimation of measles virusN gene

**Real-Time PCR standard curve**

For the estimation of measles RNA copies, standard curve depicted using 5 dilution of plasmids containing N gene ( $1388 \times 10^4$  to  $1388 \times 10^1$ ). Standard curve parameters that show in figure1 are in acceptable range.

**Quantitative evaluation of measles virus in reconstituted vaccines**

The number of measles virus genomic RNA copies in 3 vaccine containing different stabilizers was estimated by Real-Time PCR method after

vaccine reconstituting and preserving in 25 °C for 0, 4 and 8 hours and data summarized in table 2.

**Table 2.** measles virus genomic RNA copy numbers in 3 reconstituted vaccines after storing at 25 °C for 0, 4 and 8 hours

R Vaccine	RNA copy numbers/ml		Hours after reconstitution (25 °C)
	SSG Vaccine	TD Vaccine	
462417108	332079228	234045960	0
11689476	133806828	141922812	4
1338984	12003240	7609992	8

**Table 3.** Regression calculations and estimation of degradation rate for 3 reconstituted measles vaccines with two assay methods (Real-Time PCR and TCID<sub>50</sub>)

Vaccine	Regression Equation	Correlation Coefficient	Assay method	Degradation Rate(log/hours)
R	$y = 4220870 - 56128408.5 x$	0.955	Real-Time PCR	0.2
	$y = 5.252 - 0.14 x$	0.962	TCID <sub>50</sub>	0.14
SSG	$y = 319334426 - 40009498.5 x$	0.943	Real-Time PCR	0.18
	$y = 5.164 - 0.125 x$	0.995	TCID <sub>50</sub>	0.125
TD	$y = 241077572 - 28304496 x$	0.918	Real-Time PCR	0.17
	$y = 4.592 - 0.12x$	0.907	TCID <sub>50</sub>	0.12

**Calculation of degradation rate for reconstituted vaccines**

Data analysis done by Sigma plot and SPSS software. Using result of titration assay (TCID<sub>50</sub>) and copy number assay (Real-Time PCR) carried out Regression calculation for estimation of reconstituted measles vaccine degradation rate. This data summarized in table 3.

**DISCUSSION**

There are several methods for virus quantitation assay[1].TCID<sub>50</sub> and PFU (plaque forming unit) have been two assay method for titration and determination of live vaccines heat stability [5, 14, 15].The plaque assay is a terrific method for determining virus titers, but it doesn't work for all viruses[16]. This two method are

very useful but are classic and require to cell culture. Therefore, the procedures involved are often tedious and time-consuming and thus expensive in terms of laboratory time[17].

In recent years, researchers try to replace a modern method for viral quantitation assay. Flow cytometry method is used for rapid titration of measles, vesicular stomatitis virus and human immunodeficiency virus type 1 in 24-52 hours[18]. In 2012, quantitative PCR developed as an alternative TCID<sub>50</sub> read-out approach for assessing human herpesvirus 6 [19]. This method was valid and rapid.

Pourianfar and et al used a colorimetric-based method for the determination of enterovirus 71 titer [20]. At 2009, Jonsson did introduce Real-Time PCR as an acceptable alternative to estimation of picornavirus titers by TCID<sub>50</sub> and PFU [21]. Researchers were used reverse transcriptase Real Time PCR method for quantitative evaluation of dengue virus. There are reported a significant correlation between result of virus titration by RT-PCR method and PFU assay [22]. Schalk for first time were estimated the number of infectious measles viruses in live virus vaccines using quantitative Real-Time PCR. The result of this researcher showed in comparison to the plaque assay, the quantitative PCR infectivity assay was faster, while accuracy and intermediate precision were similar[23]. Up to present, PFU and TCID<sub>50</sub> apply for estimation the degradation rate of vaccines and molecular technique not used for this aim [4, 7]. Today, Real-Time PCR is a rapid and cheap technique for detection and titration of many viruses. In this study, we compare TCID<sub>50</sub> to Real-Time PCR method for estimation of measles vaccine thermal stability. The result of evaluation of vaccine heat stability by Real Time PCR technique showed that measles vaccine containing TD stabilizer has less degradation rate than R and SSG vaccines

## REFERENCES

1. Knipe DM. Fields virology: Lippincott Williams & Wilkins; 2013.
2. WHO. Programmatic Feasibility of Measles Elimination. World Health Organization Eastern Mediterranean Region. June 2010.

and this vaccine is more stable. This data verified by TCID<sub>50</sub>. Calculated degradation rate for 3 measles vaccine containing different stabilizers in Real-Time method was higher than TCID<sub>50</sub> method. The results of the present research showed that somewhat RT-PCR is reliable and practical for determination of live vaccine heat stability in comparison with TCID<sub>50</sub> method.

Titration methods based on cell culture are gold test for virus detection and vaccine titration. When stability of live vaccine is increased by stabilizers, therefore loss of virus titer is low per hour. In this case, degradation of virus is less and release of RNA from virus particle occurs later. Genomic RNA degradation decrease Consistent with virus stability.

This study showed that Real-Time PCR method can use for estimation heat stability of vaccines and evaluation of effect various stabilizers on stability of vaccines. There is a significant relationship between vaccine degradation rate calculated with TCID<sub>50</sub> and Real-Time PCR method ( $p < 0.05$ ). Titration methods based on cell culture are gold tests for titration of viral vaccines and estimation of heat stability but Real-Time PCR technique can also be used for this goals. This method is faster, cheaper and easier than TCID<sub>50</sub>.

## CONCLUSION

Real Time PCR method can be used for evaluation of live vaccine thermal stability. This technique is cheaper and faster than titration methods. Although TCID<sub>50</sub> and PFU are gold tests for estimation of vaccine heat stability, Real Time PCR technique is applicable for this goal.

## ACKNOWLEDGEMENT

The authors would like to thank Dr Abdolhamid Shoushtari for material support.

3. Wen EP, Ellis R, Pujar NS. Vaccine Development and Manufacturing. Wiley; 2014.
4. Plotkin SA, Orenstein WA, Offit PA. Vaccines: Saunders/Elsevier; 2008.
5. Jamil RK, Taqavian M, Sadigh Z-A, Shahkarami M-K, Esna-Ashari F, Hamkar R, et

- al. Evaluation of the thermal stability of a novel strain of live-attenuated mumps vaccine (RS-12 strain) lyophilized in different stabilizers. *Journal of virological methods*. 2014;199:35-8.
6. Shayestehpour M, Shahkarami Mk, Shafyi A, Taqavian M, Kamali jamil R, Esna-ashari F, et al. A study of the thermal stability of measles vaccine produced by AIK-C strain. *Arak University of Medical Sciences Journal*. 2012;15(4):26-33.
7. Asim M, Rashid A, Chaudhary AH. Effect of various stabilizers on titre of lyophilized live-attenuated Peste des petits ruminants (PPR) vaccine. *Pakistan Vet J*. 2008;28(4):203-4.
8. Kissmann J, Ausar SF, Rudolph A, Braun C, Cape SP, Sievers RE, et al. Stabilization of measles virus for vaccine formulation. *Human vaccines*. 2008;4(5):350.
9. Tavajohi S, Rastegar H, Ostad SN, Rezayat SM, Ghahremani MH. Evaluation of potency of measles vaccine used in Iran: comparison of WHO and NIBSC method in cell culture. *Iranian Journal of Pharmaceutical Research*. 2009;4(3):155-60.
10. Ohtake S, Martin RA, Yee L, Chen D, Kristensen DD, Lechuga-Ballesteros D, et al. Heat-stable measles vaccine produced by spray drying. *Vaccine*. 2010;28(5):1275-84.
11. Shahkarami MK, Taqavian M, Shafyi A, Alirezaie B, Esna-ashari F, Soleimani S, et al. Investigation of the Relationship between the Residual Moisture and Thermal Stability of Lyophilized MMR Vaccine. *Iranian Journal of virology*. 2010;3(1):22-5.
12. Jonsson N, Gullberg M, Lindberg AM. Real-time polymerase chain reaction as a rapid and efficient alternative to estimation of picornavirus titers by tissue culture infectious dose 50% or plaque forming units. *Microbiology and immunology*. 2009;53(3):149-54.
13. Logan MJ, Edwards K, Saunders NA. *Real-time PCR: current technology and applications*: Caister Academic Press; 2009.
14. Esna-Ashari F, Mirchamsy H, Shafyi A, Taqavian M, Mohammadi A, Ashtiani MP, et al. Comparison of micro and macro titration for evaluation of potency of mumps vaccine. *Archives of Razi*. 2007;62(3):151-4.
15. Galazka A, Milstien J, Zaffran M. *Thermostability of vaccines: Global Programme for Vaccines and Immunization*, World Health Organization; 1998.
16. Jerome KR, Lennette EH. *Lennette's laboratory diagnosis of viral infections*. New York: Informa Healthcare USA; 2010.
17. Kangro HO, Mahy BWJ. *Virology Methods Manual*: Elsevier Science; 1996.
18. Grigorov B, Rabilloud J, Lawrence P, Gerlier D. Rapid titration of measles and other viruses: Optimization with determination of replication cycle length. *PloS one*. 2011;6(9):e24135.
19. Gustafsson R, Engdahl EE, Fogdell-Hahn A. Development and validation of a Q-PCR based TCID50 method for human herpesvirus 6. *Viol J*. 2012;9:311.
20. Pourianfar HR, Javadi A, Grollo L. A colorimetric-based accurate method for the determination of Enterovirus 71 titer. *Indian Journal of Virology*. 2012;23(3):303-10.
21. Jonsson N, Gullberg M, Lindberg AM. Real-time polymerase chain reaction as a rapid and efficient alternative to estimation of picornavirus titers by tissue culture infectious dose 50% or plaque forming units. *Microbiology and immunology*. 2009;53(3):149-54.
22. Anwar A, August JT, Too HP. A stem-loop-mediated reverse transcription real-time PCR for the selective detection and quantification of the replicative strand of an RNA virus. *Analytical biochemistry*. 2006;352(1):120-8.
23. Schalk JAC, van den Elzen C, Ovelgonne H, Baas C, Jongen PMJM. Estimation of the number of infectious measles viruses in live virus vaccines using quantitative real-time PCR. *Journal of virological methods*. 2004;117(2):179-87.