

## Editorial

# Emerging Trends in Biosciences: Toward Precision, Prediction, and Personalized medicine/Healthcare

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## Abstract

The articles published in the 2025 volume of Archives of Advances in Biosciences highlight several directions currently shaping contemporary bioscience research. Prominent themes include advances in cancer biology and therapeutic development, particularly studies involving peptide-based vaccines, biomarker identification, computational approaches to drug discovery, and photodynamic therapy. The volume also reflects the growing role of bioinformatics, molecular modeling, and predictive analytical methods in addressing complex biological questions. Contributions focusing on immunology, infectious diseases, and the long-term consequences of COVID-19 further emphasize the continuing importance of understanding disease mechanisms and public health challenges. In addition, research on natural products and bioactive compounds demonstrates the ongoing value of integrating traditional therapeutic resources with modern analytical and computational technologies. Collectively, the studies published this year illustrate the increasingly interdisciplinary nature of bioscience research, where collaboration across experimental, computational, engineering, and clinical disciplines has become essential. Looking ahead, emerging developments in artificial intelligence, omics technologies, precision diagnostics, and personalized medicine are expected to expand research opportunities while also highlighting the importance of scientific rigor, reproducibility, and ethical oversight. Together, these contributions reflect the broader goal of advancing biological knowledge and supporting improvements in human health.

**Keywords:** Precision and Predictive Biosciences, Interdisciplinary Translational Research

## 1. Introduction

As another publication year draws to a close, it is worthwhile to reflect on the scientific themes that have emerged across the articles published in Archives of Advances in Biosciences during 2025. Taken together, these contributions provide a snapshot of a field that is becoming increasingly data-driven, interdisciplinary, and focused on translating fundamental discoveries into tangible health benefits.

Among the most prominent topics represented this year was cancer research. Several studies explored novel therapeutic strategies, including peptide-based vaccines, biomarker discovery, computational identification of candidate compounds, and emerging approaches in photodynamic therapy. Although these investigations differ in methodology and scope, they

share a common objective: advancing more precise and effective interventions through a deeper understanding of molecular and cellular processes. Another notable characteristic of the published work has been the widespread adoption of computational approaches. Bioinformatics, molecular docking, predictive modeling, and systems-level analyses now occupy a central position in bioscience research. The increasing availability of large biological datasets has transformed the way scientific questions are addressed, enabling researchers to generate testable hypotheses, prioritize experimental targets, and accelerate the early stages of therapeutic development. The journal has also continued to publish research related to immunology and infectious diseases. The experience of the COVID-19 pandemic demonstrated how rapidly global health priorities can change and

highlighted the importance of sustained investment in biomedical research. While attention has shifted beyond the immediate crisis, many scientific questions concerning immune regulation, disease susceptibility, and long-term health consequences remain highly relevant. Contributions in these areas reinforce the need for ongoing vigilance and scientific preparedness.

Research on natural products and plant-derived compounds has likewise remained an important component of this volume. The continued investigation of biologically active molecules from natural sources reflects a longstanding yet evolving area of bioscience. When integrated with modern analytical platforms and computational screening techniques, natural product research offers valuable opportunities for identifying new therapeutic candidates and understanding their mechanisms of action.

Perhaps the most striking observation across this year's publications is the extent to which disciplinary boundaries continue to diminish. Advances in contemporary bioscience increasingly arise from collaboration among researchers with diverse expertise, spanning molecular biology, biotechnology, pharmacology, immunology, engineering, computational sciences, and clinical medicine. Such integration is no longer an exception but an essential feature of successful biomedical research.

Looking toward the future, developments in artificial intelligence, machine learning, multi-omics technologies, precision diagnostics, and personalized therapeutics are expected to further reshape both research and healthcare. At the same time, ensuring the reliability, reproducibility, and ethical application of these technologies will remain a shared responsibility of the scientific community. Balancing innovation with scientific rigor will be critical as these fields continue to mature.

The Editorial Board extends its sincere appreciation to all authors, reviewers, and readers for their valuable contributions throughout the year. Their commitment to scientific excellence has played a central role in maintaining the quality and impact of the journal.

We look forward to the continued submission of high-quality research that expands our understanding of biological systems and contributes to improving human health in the years ahead.

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#### Conflict of interest

The author declare that there is no conflict of interest.

#### AI Using Declaration

Chat GPT was used for language and grammar corrections. The final output was read and modified by author.

#### Author's contributions

The author equally contributed to preparing this article.

## 2. Conclusion

The articles published in the 2025 volume of Archives of Advances in Biosciences reflect the increasing integration of data-driven methodologies, interdisciplinary collaboration, and translational perspectives within contemporary bioscience research. Studies spanning cancer biology, computational approaches, infectious diseases, and natural product research highlight the diversity of scientific strategies currently employed to address complex biomedical questions. Advances in omics technologies, predictive analytics, and precision diagnostics continue to expand research capabilities and create new opportunities for personalized healthcare. Collectively, these contributions illustrate the importance of cross-disciplinary collaboration in advancing biological knowledge and supporting meaningful improvements in human health.

## 3. References

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