Blind Localization of Heating in Neural Tissues Induced by a Train of the Infrared Pulse Laser

Mohammad Ali Ansari*, Mahdi Zakeri

Optical Bio-Imaging Lab(OBI lab), Laser and Plasma Research Institute, Shahid Beheshti University, Tehran, Iran

Abstract

Introduction: Recently, infrared lasers (wavelengths larger than 1100 nm) have been applied to stimulate neural tissues. Infrared neural stimulation (INS) has some advantages over conventional electric stimulation, including contact-free delivery, spatial precision, and lack of stimulation artifacts. In this study and based on a photothermal mechanism, we applied the heat diffusion equation to study temperature variation of a biological phantom during INS. In addition, the impact of laser parameters on spatially localized heating induced by 2 different infrared wavelengths were studied.

Methods: We studied the localization of INS inside a phantom similar to cortical neural tissue. First, we analytically solved the heat diffusion equation to study the distribution of temperature inside this phantom. Then, the accuracy of analytical results was verified by heating the phantom using amplitude-modulated infrared lasers (\(\lambda = 1450\) and \(1500\) nm, the energy between 2 and 5 mJ and pulse duration up to 20 ms). The laser light was directed to sample by a multimode optical fiber (NA=0.22, core size= 200 microns). Finally, the impacts of laser properties on the spatial resolution of infrared heating were discerned.

Results: In order to verify analytical results, we measured the maximum temperatures of the phantom during illumination of lasers and compared them with analytical results. The analytical results were in agreement with the experimental results. The effects of laser beam properties such as pulse duration, energy and repetition rate frequency on the spatial resolution were investigated. The results indicated that the spatial resolution of INS can be smaller than one millimeter.

Conclusion: Here, the influences of laser properties on the localization of INS inside a biological phantom were studied. These results can be applied to improve the spatial selectivity of the peripheral nerve interface.

Keywords: Infrared neural stimulation; Photothermal mechanism; Blind localized activation.

Introduction

Infrared neural stimulation (INS) is an emerging method that can be applied to directly stimulate neural systems.\(^1\)\(^-\)\(^4\) While the safety and efficacy of INS have been demonstrated in various studies, the typical thresholds for INS to elicit neural responses varied significant.\(^5\)\(^,\)\(^6\) This method provides several advantages over conventional electrical stimulation, including contact-free delivery, spatial precision, and lack of stimulation artifacts.\(^7\)\(^-\)\(^9\) Shapiro et al and Wells et al have demonstrated that INS can be explained by the photothermal mechanism,\(^4\)\(^-\)\(^10\) but the exact mechanism of INS is under discussion in the literature.\(^6\)\(^,\)\(^7\) The simulations presented by Fribance et al\(^1\) and experimental results show that a rapid increase in local temperature causes a change in membrane capacitance which generates an action potential during INS.\(^4\) This rapid increase in temperature can be modeled by the heat diffusion equation.\(^5\) Here, we analytically solved this equation – by applying an appropriate Green function – to simulate the distribution of deposited thermal energy inside a biological phantom induced by a train of the infrared pulse laser. Then these results were verified by experimental results. To do it, an aqua phantom similar to human cortical tissue was heated by 2 different wavelengths of 1450 and 1550 nm, and then the maximal temperatures induced by infrared lasers were measured. Finally, these results were compared with analytical results. In this study, we estimated the localization of the infrared laser inside the neural phantom. The results showed that infrared laser radiations provide a possible way for localized stimulation of retinal and vestibular ganglion cells. Furthermore, they can be applied to improve the spatial selectivity of the peripheral nerve interface as motor neuron activation in peripheral nerves.\(^10\)

Materials and Methods

Initially, we applied an appropriate green function to solve the heat diffusion equation analytically. Then,
we introduced the experimental set-up to measure the maximum temperature induced by an infrared laser.

**Analytical Method**
As mentioned above, the mechanism of INS can be explained by the photothermal mechanism. Therefore, we can apply the heat equation to determine the heat distribution during INS\(^{10}\):

\[
\frac{\partial T}{\partial t} = D \nabla^2 T(r,z,t) + \frac{1}{\rho C_p} S(r,z,t) \tag{1}
\]

Where \(T\) is temperature, \(t\) is time, \(r\) and \(z\) are spatial coordinate transverse and longitudinal to light propagation respectively (see Figure 1), \(D\) is heat conductivity, \(\rho\) is tissue density, and \(C_p\) is specific heat capacity. Herein, \(S\) refers to the heat source induced by absorption of laser radiation. The absorbed energy of the laser depends on the absorption coefficient of tissue \(\alpha\).\(^{11,12}\) The laser light exiting fiber core can be described as a Gaussian divergent beam propagating through biological tissue:

\[
S(r,z,t) = \frac{2aE_0}{\pi a^2} \exp\left(\frac{-2r^2}{a^2}\right) \exp(-\alpha z) f(t) \tag{2}
\]

That \(a\) describes the Gaussian beam and \(f(t)\) indicates the temporal shape of the laser beam. We applied an appropriate green function

\[
G(r-r',z-z',t-t') = \frac{1}{4\pi(t-t')^2} \exp\left(-\frac{(r-r')^2 + (z-z')^2}{4(t-t')}\right) \tag{3}
\]

to compute \(T(r,z,t)\) as the following:

\[
T(r,z,t) = \frac{aE_0\exp(-\alpha z)}{4\pi \rho C_p a^2} \tag{4}
\]

\[
\int_0^t f(t') \frac{1}{a^2D(t-t')} \exp\left(-\frac{2z^2}{a^2D(t-t')}\right) \exp(-\alpha zD(t-t')) \text{erfc}\left(\frac{\sqrt{2}aD(t-t')-\alpha z}{\sqrt{4D(t-t')}}\right) \, dt'.
\]

That \(\text{erfc}\) is the complementary error function defined as \(\text{erfc}(x)=1-\text{erf}(x)\). Eq. 4 is a general solution to the heat diffusion equation with no additional limitations or approximations and can be numerically computed.\(^{13}\) We used this equation to estimate the maximal temperature induced by the absorption of the laser during INS.

**Experimental Method**
As depicted in Figure 1, the temperature of the sample induced by a pulsed laser was measured by a Cu-Con thermocouple, and the measured data were sent to a PC by a DAQ card. In this study, we used a pulsed butterfly laser module (\(\lambda = 1450\) nm and \(\lambda = 1550\) nm) wherein their energy and pulse duration can be adjusted up to 10 mJ per pulse and 20 ms respectively. The laser pulse was delivered to a distilled water-filled petri dish via a 200 microns multimode optical fiber (NA=0.22). That was because of the similarity of the absorption coefficient of cortical nerve tissue and water for spectrum 1400-1600 nm.

**Results and Discussion**
To validate the analytical method, we first estimated the maximum temperature in a homogenous phantom similar to cortical neural tissue for variable output laser energy from 2 to 5 mJ. Then we measured the maximum temperature at depth of 100 microns with the pulse duration of 10 ms and the repetition rate of 2 and 5 Hz. Several measurements showed that there was a good agreement between analytic results and measured results (for example, see Table 1). The absorption coefficient of this phantom on the wavelength of 1450 nm (1550 nm) is approximately 3.0 mm\(^{-1}\) (1.0 mm\(^{-1}\)).\(^{11}\)

The experimental results presented by Wells et al\(^{6}\) and Bec et al\(^{12}\) indicate that the laser radiant exposure and the repetition rate have significant effects on the rapid increase in temperature induced during INS. Here, we studied these effects by analytic and experimental methods, then the spatial temperature distribution in the neural homogenous phantom was estimated. Figure 2 depicts the effect of infrared laser parameters on spatial coordinate transverse to light illumination (in the direction of \(r\), see Figure 1, and it shows the radius of the localization of the laser inside the phantom.). Figure 2(a) shows the influence of laser energy after first one second on the maximum temperature at sites laterally displaced from the center of the optical fiber (\(\lambda = 1450\) nm, \(\tau = 10\) ms, and the repetition rate of 5 Hz). This figure illustrates that the maximum temperature significantly decreases
for a larger value of transverse distances. The influence of the repetition rate on the variation of temperature is depicted in Figure 2(b). The intensity of radiant exposure is adjusted to be 4.4 J/cm² (τ = 10 ms). As it is shown in Figure 2(b), an increase in the repetition rate causes an increase in temperature. It can be related to the thermal build-up that will begin to occur at a repetition rate larger than 4 Hz. The presented results in Figure 2(b) are in agreement with those presented in Refs. 12,14-16. To study the heat penetrating inside the sample, the maximal temperature at depth of 50, 100, and 200 microns were calculated (see Figure 2(c), the intensity of radiant exposure is 6.2 J/cm², the repetition rate 5 Hz, and τ = 10 ms). Figure 2(d) depicts the effect of varying pulse duration on the maximal temperature (the intensity of radiant exposure is 4.4 J/cm²). This figure demonstrates that maximal temperature does not change with variable pulse duration. The graphs illustrated in Figure 2 reflect that most of the deposited heat is roughly localized within the radius of 400 microns. This approximated value can be controlled via laser parameters. In order to validate the localization along z-direction (see Figure 1), the maximal temperature at 2 depths, 100 μm and 200 μm, were measured (calculated) to be 5.0 ± 2°C (5.2°C) and 2.0± 0.1°C (1.8°C) respectively. Hence, most of the deposited energy can be approximately localized in a voxel size of 0.8 x 0.8 x 0.8 mm³.

**Conclusion**

Recently, INS has been applied for the stimulation of the retina nerves and the activation of the peripheral axon. 12,17 This method provides fine spatial resolution improving the selectivity of neural stimulations. In this study, we used a photothermal mechanism to estimate the spatial resolution of INS as a function of laser properties. Here, the distribution of the deposited thermal energy inside a biological phantom was estimated using the analytical and experimental methods. One can see good compatibility between the analytical and measured results. The results showed that the infrared laser can be localized in submillimeter voxel inside the biological phantom. This value of spatial resolution is obtained for conventional multimode fibers with a core size of 200 microns. These results can be applied to improve the selectivity of the peripheral nerve interface as motor neuron activation in peripheral nerves.

**Table 1. Comparison Between Analytical Values (AV) and Experimental Data (EV) of Maximal Temperature for Different Values of Laser Energy**

<table>
<thead>
<tr>
<th>Laser Energy (mJ)</th>
<th>2 Hz</th>
<th>5 Hz</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>AV (ºC)</td>
<td>EV (ºC)</td>
</tr>
<tr>
<td>2</td>
<td>1.5 ± 0.3</td>
<td>2.2 ± 0.4</td>
</tr>
<tr>
<td>3</td>
<td>2.4 ± 0.7</td>
<td>4.0 ± 0.8</td>
</tr>
<tr>
<td>4</td>
<td>3.2 ± 0.9</td>
<td>5.0 ± 1.2</td>
</tr>
<tr>
<td>5</td>
<td>4.0 ± 1.3</td>
<td>6.7 ± 1.5</td>
</tr>
</tbody>
</table>

*The repetition rate frequency is 2 and 5 Hz and the pulse duration is 10 ms.*

![Figure 2](image-url) **Figure 2.** Calculated Maximum temperature in neural tissue induced by the infrared laser for variable laser energy (a), different repetition rates (b), at different depths, (c) and for pulse duration 5, 10 and 20 ms (d).
Ethical Considerations
Not applicable.

Conflict of Interests
The authors declare no conflict of interest.

Acknowledgment
This study has been funded by a grant number D/1687/600 from Shahid Beheshti University.

References