Evaluation of Staggered Osteotomy in Surgical Treatment of Trigonocephaly

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Abstract Introduction: Undiagnosed metopic synostosis (Trigonocephaly) have many complications for infants such as brain damage and cognitive & behavioral disorders, they also result in poor aesthetic features. There are many surgical techniques for this malformation which have their advantages and disadvantages; but with this new method (staggered osteotomy) we can solve some of these problems and minimize damages.

Materials and methods: In this study, 20 infants with metopic synostosis underwent surgery in Mofid Children Hospital, Tehran. The minimum age of our patients was 4 months and the maximum was 9 months with an average of 6.72 months. Their diagnosis was confirmed with clinical symptoms & signs also with CT scan and paraclinical findings. Age and weight before and after surgery and anthropometric indices including: biparietal width and frontal width were recorded and reported. **Results:** We found significant differences in anthropometric indices before & after surgery such as lowering of biparietal width after surgery and elevation of frontoparital index after surgery. Since in this procedure, we don't separate the frontal bone segments and it keeps its frame, less plaques and screws are needed which will decrease the costs of surgery and the surgical time is much less than other techniques. Last but not the least, the satisfactions of parents were high and there was no need for secondary surgery.

Conclusion: Based on all the perfect results we got, it is safe to say that staggered osteotomy as a surgical method for correction of trigonocephaly is useful and we can use it as a new method in correction of metopic synostosis.

Keywords

Metopic

synostosis

Staggered

osteotomy

Trigonocephaly

Introduction

Craniosynostosis which is the premature fusion of calvarial sutures was first described as a pathologic condition in the 19th century. It is a common developmental anomaly that causes abnormal skull shape. In the last decades, genetic errors, proteins and chemical factors have been described as reasons for this condition¹, but the main reason for abnormal closure of skull sutures are unknown.² Trigonocephaly is the second cause of nonsyndromic craniosynostosis and is more prevalent in males (72%). Severe trigonocephaly causes a triangular shape in the forehead; other deformities of the skull consists of mid frontal keel, bifronto temporal narrowing, parietoocciptal protrusion, depression in supero lateral of orbit and Hypertelorism.³

The skull growth is restricted perpendicular to the fused sutures but parallel to it the growth goes on (Virchow's law), this is along with compensatory growth in the skull's unfused bony plates.^{4,5} In fact Virchow was the first to describe it in 1851.⁶

Surgical treatment of craniosynostosis started in late 19th century and was known as strip craniectomy, it gradually shifted to calvarial and orbital remodeling⁷ and now, endoscopical treatments are described.⁸

Introduction of a linear craniotomy to allow normal brain growth was done by Odilon Lannelongue in 1890.⁹ Studies by Moss in the1950s advanced surgical management of craniosynostosis from a simple affected sutures excision with linear craniotomy to a complex cranial expansion procedure; and changed the entire concept of surgical treatment of this condition. Tessier, who is known as the father of modern craniofacial surgery, introduced different ways for craniosynostosis surgery including fronto-orbital and midface advancements, either separately and as monobloc procedures.^{10,11}

Metopic synostosis is different in severity. In the mild group conservative management is a good option, but in more severe types frontal bone remodeling and frontoorbital advancement are needed.¹²

In the 1970s computed tomography (CT) was offered as a new device for a more accurate diagnosis of anatomical deformities than simple radiography and in 1978 Jane and Park introduced the pi procedure for the treatment of sagittal synostosis.^(11,13,14-17)

Craniosynostosis occurs 1 in 2500 individuals and

is an important issue for genetic and environmental studies.^{(4,5), (18,19)}

Materials and Methods

In this case series, 20 infants, between 3-15 month of age with trigonocaphaly which was diagnosed by clinical exam and CT scan, were chosen. Patients had no co morbidity or developmental disorder; they were also assessed for neurological disorders. After preoperative preparation including antibiotic therapy and routine lab data, patients underwent surgery under general anesthesia.

With complete monitoring, in the supine position and cervical semi extension, incisions were made using a zigzag pattern at a proper distance from the frontal hair line.

Epinephrine solution 1/200000 was injected in the incision line and dissection in the subgaleal plane up to 2 cm of the orbital rim, was done and then extended in the sub periostal plane. Frontal bone was resected and divided in to two equal parts. Then it was osteotomized from up to down and from the medial to 1 cm of the lateral edge, in a position that the frame was not disturbed.

The osteotomized part, that joined together, was molded with Bender and fronto-orbital advancement was done if needed.

After surgery infants were admitted to the ICU and after 24h they were transferred to the ward and discharged 3 days later if there wasn't any problem. The first follow up visits were done 1 week later and then in one month, 3 months and 6 months after surgery and the patients were followed up by CT imaging 6 months after surgery.

Age and weight before and after surgery and anthropometric indices including: biparietal width and frontal width were recorded and reported. **Results**

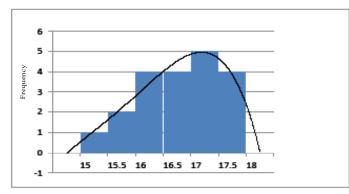
In this study, 20 infants with metopic synostosis underwent surgery in Tehran Mofid Children Hospital. The Minimum age was 4 months and the maximum was 9 months with an average of 6.72 months.

The minimum birth weight was 2759 grams and the maximum was 3500 grams with an average of 3097 gr.

The minimum weight before surgery was 5200 grams and the maximum was 7800 grams with an average of

6635 grams. Anthropometric indices before surgery included: biparietal width with a minimum of 15 cm and a maximum of 18 cm and an average of 16.7 cm

Figure 1 and the frontal width with a minimum of 7 cm and a maximum of 10cm and an average of 8.36cm. Figure 2



Mean=16.74	
Std.Dev.=0.776	
N=20	

Figure 1: Biparietal width before surgery

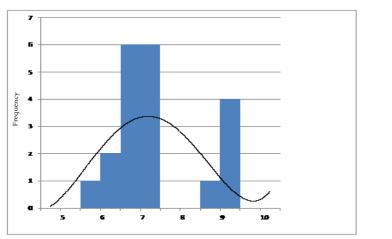
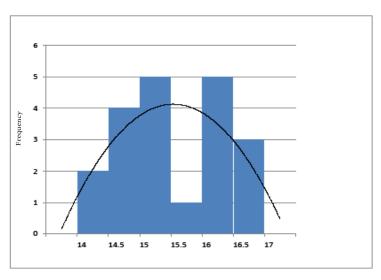




Figure 2: Frontal width before surgery

It can be seen that differences exist between anthropometric indices before and after surgery that consists of biparietal width decrease **Figure 3** and frontal width increase **Figure 4** also, frontoparietal index increases after surgery.



Mean=15.49 Std.Dev.=0.82 N=20

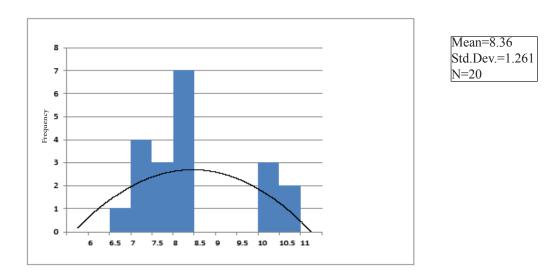


Figure 4: Frontal width after surgery

Discussion

Results of this study have shown that; staggered osteotomy is a useful and effective surgical method for correction of trigonocephaly and anthropometric indices. Biperatal width and frontoparital width had an obvious improvement. In this method we don't separate bone segment and frontal frame is not osteotomized, thus less plaques and screws are needed.Before surgery After surgery.



Before surgery



After surgery With this method, surgery time and costs are less than other methods. In post operative assessment, parent's satisfaction is high. In this study, average age of infant, were 6.7 months and anthropometric indices changes were more significant in infant's with higher weight before surgery. According to our findings we recommend that the surgery be postponed to after 6 months of age in contrast to the routine time of surgery which is before the 6 months. Also, better results which we achieved in older infants maybe due to the decrease of deformity with age that cause better results regarding the anthropometric indices, but we think that result will be better and more exact after more studies on this method with a larger group of patients.



Before surgery



After surgery

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