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| **ORIGINAL ARTICLE** |

**A Survey on the Status of** [**Job burnout among pre-hospital emergency personnel**](https://www.safetylit.org/citations/index.php?fuseaction=citations.viewdetails&citationIds%5b%5d=citjournalarticle_527215_28) **in Shahroud**

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| **Abstract** |  |

**Introduction:** Job burnout is a disorder due to long-term exposure of a person to work-related stress. The aim of this study was to investigate the burnout status of pre-hospital emergency staff in Shahroud city. **Methods:** This cross-sectional study was carried out on 100 pre-hospital emergency staff in Shahroud, Iran in 1397. The Maslach Burnout Questionnaire was used. For data analysis, descriptive statistics, mean and standard deviation, and independent t-test, Chi-square and Fisher exact tests were used based on the type of variable. The significance level was considered as 0/05. **Results:** In this study, 100 cases (all were male) were included. The mean age was 30.75±5.55 years. The severity and frequency of emotional exhaustion were low in 95% of subjects. Depersonalization in frequency was high in 45% of the cases and was high in severity in 50% of the subjects. Personality satisfaction was moderate in frequency in 40% of the cases and was low in severity in 65 percent. **Conclusion:** The results of this study showed that pre-hospital emergency staff had mild degrees of severity and frequency of emotional exhaustion and moderate degrees of severity and frequency of personal adequacy and sever feeling of personality deprivation.

**Keywords:** Emergency, burnout, Shahroud.