



Editorial

Cell Phones are Not Our Friend's

Nowadays, when taking into consideration the automotive manner of our lifestyles, human beings are constantly in danger of over exposure to electromagnetic fields especially arising from electronic devices such as laptops, PC's and cell phones.

Therefore, it is essential that we are educated on the affect of these electromagnetic fields on our cells and tissues which are present in the devices and equipment which we utilize daily. Based on numerous research conducted the negative effect of such devices is unbelievably eye-catching and causes dire abnormalities on the normal function of human beings.

With consideration of the high usage of the electromagnetic waves such as:

- Mechanical cables and wires which transport energy
- The constant use of electronic and communication devices such as PC's, laptops and cell phones should be considered of high risk for the health of human beings.

The affect of electromagnetic fields on human cells show the below abnormal changes:

- Irregular division of mouth cells
- Damage of cell DNA
- Abnormalities in DNA repair
- Cell differentiation
- Occurrence of Apoptosis

Such radiation is reported to reduce melatonin levels and increases nitric oxide (No) levels. Not to mention the uncharacteristic increase in cancer creation, and free radical functions.

The above mentioned atypical changes are some of the numerous reported and researched affects.

With the high usage of cell phones there is an elevated probability of exposure to electromagnetic radiation on the different systems of the human body. Based on previously conducted research in this regard the increase of Autism, blood change, blood pressure, inducing cancer, changes in the metabolism of energy, changes in genetic function, neurotransmitter balance, permeability in blood brain barrier, changes in sleep, memory problems are once again just a few of the negative effects of such devices. Not to mention brain diseases such as tumors are other cited problems in relation to over usage of such devices.

Moreover, it is worth noting that the use of cell phone's even indirectly such as use of cell phones in public areas by others can also have a negative affect for anyone whom comes into contact with the electromagnetic fields produced. Life is not repeatable therefore high attention has to be paid to the wellbeing of our children and ourselves

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