Introduction:

Enterobacter is a genus of Enterobacteriaceae that is an increasingly frequent cause of healthcare-associated pediatric infections. It can cause infection of postsurgical wounds, gastrointestinal, urinary and respiratory tracts and meningitis.

E. cloacae and E. aerogenes are the most common species recovered from clinical specimens. Additional Enterobacter species rarely recovered from human infections include E. amnigenus, E. asburiae, E. gergoviae, E. cancerogenus and E. kobei. E. ludwigii is a new species isolated from clinical specimens closely related to the E. cloacae complex (1).

Gram-negative bacilli may cause meningitis, but it is rare beyond neonatal period and history of impaired immune system or infected brain cyst due to neurosurgical manipulation that lead to CSF contamination are prerequisites to the infection (2, 3).

Risk factors for Enterobacter meningitis have not been clearly defined yet.
(4) but prolonged antibiotic administration and cyst manipulation over the scalp are the two main factors associated with Enterobacter meningitis (5, 6). Meningitis due to Enterobacter species is an uncommon infection after neonatal period without underlying risk factors so a search for risk factors must be done in all cases of Enterobacter meningitis (6).

Intracranial fossa dermoid cysts are congenital benign masses with a prevalence of 0.1%-0.7% of all intracranial neoplasms (7, 8). The presence of dermoid cyst in the posterior fossa is uncommon and surgery is the treatment of choice. Manipulated dermoid cyst should be resected by surgery in addition to antibiotic therapy (8, 9).

Case Report

An 11-year old girl was admitted Mofid Children’s Hospital, Tehran, Iran in 2015 and we took her family informed consent form template for case report studies. She had high-grade fever, severe headache, and vomiting since four days before admission. She had been diagnosed with meningitis in another hospital and had received dexamethasone and antibiotics including ceftriaxone and vancomycin. No improvement had been seen in her status, and her high-grade fever had remained uncontrolled. The patient was referred to Mofid Hospital with complaints of high-grade fever, severe headache and photophobia. Her mother reported that she had a history of common cold, sinusitis and pharyngitis few days before her first admission.

In addition, she had a history of right knee arthritis last year; she also had a congenital occipital mass with occasional purulent discharge. It had been manipulated by her father because of pain and edema 2 weeks before her admission leading to oozing of pus.

On physical examination, the patient was lethargic; vital signs included body temperature of 39 °C, blood pressure 120/80 mm Hg, pulse rate 90/min, and respiratory rate 25/min. Meningeal irritation was present (positive nuchal rigidity, Kernig and Brudzinski signs) with photophobia; pupils midsize and were reactive to light. Erythematous occipital mass (1×2 cm) was palpated in the midline, with no discharge. The range of motion of right hip was decreased with tenderness without erythema, warmth and edema. The rest of the physical examination was normal.

Because of continuation of fever despite antibiotic administration, lumbar puncture was done. CSF analysis in previous hospital admission showed; WBC=132 (p=70%, L=28%), Glucose=10, Protein=27, RBC=180 and with a gram-negative bacilli (Enterobacter) in CSF culture.

Laboratory evaluations showed WBC=17000/mm3 (PMN=87%), Hemoglobin=12.6 g/dl, and Platelets=197000/mm3. Biochemistry tests including Na, K, P, amylase, lipase, and LDH were normal and serology for hepatitis b, hepatitis C and CMV viruses was reported as negative. The erythrocyte sedimentation rate, (ESR) was 67 mm in the first hour and CRP 124 mg/l. NBT, Immune Globulins (Igs) and CD flow cytometry were also in normal range. Mild TR, Mild AI and Mild PI were reported in echocardiography without any vegetation. Audiometry also was normal.

CSF analysis in our hospital showed WBC=1000/mm3 with 90% PMN and 10% lymphocyte, Glucose=18mg/dl, Protein=30 mg/dl, RBC=10/mm3 and CSF culture was negative.
Antibiotics were changed to vancomycin and meropenem in our hospital. After 3 days, the patient was not responding and had leukocytosis and fever, so chloramphenicol was added to vancomycin and meropenem. Five days later, CSF analysis showed WBC=100/ mm3 with 80% PMN and 20% lymphocyte, Glucose=25 mg/dl, Protein=18 mg/dl, RBC=60/mm3 Blood culture was negative. Vancomycin and meropenem were discontinued and intrathecal amikacin was added to chloramphenicol. After five days, CSF analysis showed WBC=30/mm3 with 40% PMN and 60% lymphocyte, Glucose=29 mg/dl, Protein=95 mg/dl, RBC=10/ml. The second CSF culture 8 days after admission showed gram-negative bacilli Enterobacter by BACTEC (Becton Dickinson Microbiology Systems, Model No. B9120). According to the antiobiogram, microorganism was sensitive to chloramphenicol and cotrimoxazole and resistant to ampicillin- sulbactam, amikacin, gentamicin and cefepime. Therefore, antibiotics were changed based on antibiotic sensitivity test (Amikacin was discontinued, chloramphenicol continued and cotrimoxazole added). Patient responded to the new antibiotic therapy clinically and CSF culture became negative.

Brain CT scan with and without contrast was performed for the patient which showed an extra-axial hypo dense relatively round lesion in posterior mid aspect of posterior fossa along with calcified foci in its superior aspect. A subcutaneous lesion was also noted in the overlying scalp. After contrast administration, rim enhancement was seen in both intracranial and subcutaneous lesions (Figure 1). The lesion was suspected to be an infected intracranial and subcutaneous dermoid cyst with a connecting tract through the occipital bone, Brain MRI with and without contrast was performed subsequently which revealed CSF signal in the lesion and rim enhancement as well as prominent restriction in DWI sequence (Diffusion weighted imaging) which confirmed the diagnosis in the CT scan (Figure 2).

She was referred to the Neurosurgical Department for removal of the infected dermoid cyst. After neurosurgery, Brain CT revealed an evidence of posterior craniotomy in occipital bones with mild pneumocephalus. Small subdural effusion was detected in the right side of the posterior fossa with normal ventricle sulci; no infarction, hemorrhage, mass, midline shift or herniation was seen.
**Figure 1.** A and B axial non-enhanced brain CT scan show an extra-axial hypodense relatively round lesion in posterior mid aspect of posterior fossa. Note the calcified foci in superior aspect of the lesion (black arrow) as well as a small subcutaneous lesion in the overlying scalp (white arrow).

C. Coronal contrast-enhanced and D. axial contrast-enhanced brain CT scan reveal rim enhancement of both intracranial and subcutaneous lesions.
The histopathology findings of brain mass showed a cyst lined by keratinized squamous epithelium containing hair shafts and keratinous material. Severe mixed inflammation and foreign body type reactions as well as foci of calcification with hyalinization and congestion in the periphery are seen with no evidence of malignancy. It confirms the diagnosis of an infected dermoid cyst (Figure 3).

**Figure 2.** A. Axial T2 Weighted brain MRI and B. Axial TI weighted brain MRI shows an extra-axial CSF density lesion in posterior mid aspect of posterior fossa. C. Axial TI Weighted contrast enhanced brain MRI reveals rim enhancement of the lesion. D. DWI (Diffusion Weighted Imaging) sequence demonstrates restriction in the lesion.
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She was discharged with final laboratory results of normal CBC, CRP=23 and ESR=60. Her final CSF analysis showed negative smear and culture. Meningitis was treated by chloramphenicol and cotrimoxazole. Patient responded to our treatment and was well on discharge and on follow-up one month after discharge with normal CBC, ESR and CRP.

Discussion

Infected idiopathic and congenital brain lesions can cause meningitis, following a defect through the defense barrier of brain (2). As it provides an entry of organisms to invade the meninges (10). Although gram-negative bacilli are the most common cause of nosocomial meningitis, it still remains an unusual cause of meningitis in adults and children (4). Major risk factors include cerebrospinal fluid leak, immunosuppressed patients, history of immunosuppressive drugs consumption, presence of infected brain mass and head trauma or history of neurosurgery (11). Gram-negative bacillary meningitis has mortality rates of 40 to 80% among adults and children (12). Enterobacter meningitis dominantly occurs in cases with neurosurgical brain mass manipulation and trauma (13).

Intracranial dermoid cysts are rare, usually located in the posterior fossa and are slow growing (14, 15). These present with headache and seizure and are usually reported in the first and second decades of life (16). Dermoid cyst of the posterior fossa may be occurring accompanied with Staphylococcus epidermidis abscess. It cured with radical excision of the occipital cyst followed by antibiotics therapy (17).

Enterobacter may be found in manipulated mass in the brain. It is a serious infection and resection of the mass and appropriate antibiotic therapy based on culture is the treatment of choice (18). Enterobacter was one of the rare and important causes of nosocomial bacteremia in hospitalized children (19). Our patient presented with Enterobacter meningitis at age 11 year. Gram-negative bacilli meningitis is a causative agent in the neonatal period but occurrence in adults without immunologic risk factors is very rare (20).

Figure 3. Cyst wall and intracystic keratinous material (A), squamous epithelium of the cyst wall and hair shafts in underlying tissue (B).
Antimicrobial regimens for treatment of Enterobacter meningitis is controversial. The efficiency of cefepime in postoperative meningitis attributable to Enterobacter has been described (17). In the United States, 15 patients who had positive cultures for Enterobacter were evaluated (4). The main treatments of these patients included intravenous (I.V) carbapenems (60% of cases were treated with carbapenems with both I.V. monotherapy and combined I.V. protocols). In addition, one patient was treated with a third-generation cephalosporin, 1 patient with piperacillin and 2 patients with ciprofloxacin. Patients treated with combined I.V. therapies received the following regimens: (6 patients) were given aminoglycoside in addition to intravenous carbapenem (5 patients) or third-generation cephalosporin (1 patients), and 1 patient was treated by intravenous carbapenem and a third-generation cephalosporin. Among all, one patient had died in I.V combination therapy (4). A 22-year-old patient underwent neurosurgical manipulations developed Enterobacter meningitis who was treated with tobramycin, I.V. ceftriaxone, vancomycin, and metronidazole (10). However, in our study, the cultured bacteria were resistant to aminoglycosides and beta-lactam antibiotics that led to the lack of response to intrathecal amikacin and I.V. vancomycin and meropenem. On the other hand, chloramphenicol and cotrimoxazole are susceptible against gram-negative bacilli and also achieve high concentrations in CSF (21), which the case of which our patient was finally cured with combination of chloramphenicol and co-trimoxazole.

Korinek et al. designed a prospective trial of 3,000 patients reported Staphylococcus aureus was found as a most common cause of meningitis in infected brain masses and the second common pathogen was Enterobacter in 24% cases (22). Enterobacter was isolated from CSF in 16% of patients who enrolled in Parodi’s study (4).

Dermoid cyst of the posterior fossa is described in a 16-yr-old man; who presented with clinical signs of intracranial pressure and cerebellar symptoms (8). They showed there is no risk of infectious complications without manipulation similar to our patient showed the symptoms and signs of meningitis due to dermoid cyst manipulation.

**In conclusion**, effective antibiotic therapy is crucial for the treatment of Enterobacter meningitis. Although the first step is initiating antibiotics but with the presence of an infected mass, surgery is necessary for removal of the mass. Our patient identified with dermoid cyst, which had been infected owing to manipulation. Appropriate antibiotic therapy cured our patient beside neurosurgery removal of cyst to eliminate the underlying factor.

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**Authors’ Contribution**

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All authors agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Conflict of interest

The authors declare that there is no conflict of interests.

References


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