The Comparison of life satisfaction, coping styles and resilience in divorced bidder and non-bidder women

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Abstract:
Background: The basis and pillar of the family as the most important part of society is marriage. Marriage and family service for the creation of a center comfort and well-being and vitality. However, the focus of comfort sometimes uneasy marriage and divorce. This study of life satisfaction, coping styles and resilience in divorced and non-divorced women bidder divorce.

Materials and methods: This research method is causal-comparative. The instrument used coping styles questionnaire, a questionnaire was Resilience and Life Satisfaction. Analysis of data using multivariate analysis of variance was performed and software SPSS-22.

Results: The results showed that the two groups of bidders and bidders divorce significant difference in terms of life satisfaction (F=10.9, P<0.01), Problem-focused coping styles (F=8.7, P<0.01), emotion-focused coping styles (F=10.0, P<0.01), avoidance coping style circuit (F=3.8, P<0.01), resilience (F=19.5, P<0.01) there.

Conclusion: This study showed that women bidder divorce from life satisfaction, coping styles and resiliency than women bidder divorce. Using the findings of this study can be set-tasks for psychotherapy and counselling especially for women bidder’s divorce.

Key words: Life satisfaction, Stress, Resilience, Divorce.