Assessment of Clinical Stressful Factors Among Academic Students of Nursing and Operating Room of Dezful University of Medical Sciences (2015)

Mojtaba Raji¹, Mohammad Firozbakht², Somayeh Bahrami³, Yaghob Madmoli⁴, Nosrat Bahrami⁵*

1. Bachelor Students of Nursing, Student Research Committee, Dezful University of Medical Sciences, Dezful, Iran
2. Medical Student, Student Research Committee, Dezful University of Medical Sciences, Dezful, Iran
3. Master Students of Biostatistics, Faculty of Health, Student Research Committee, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran
4. Bachelor Students of nursing, Student Research Committee, Dezful University of Medical Sciences, Dezful, Iran
5. Master of Midwifery, Faculty of Nursing and Midwifery, Dezful University of Medical Sciences, Dezful, Iran

*Corresponding Author: Nosrat Bahrami, Dezful University of Medical Sciences, Azadegan Blv, Dezful, Iran.
Email: Bahrami.n@dums.ac.ir

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Abstract

Background and Objective: Nursing students are exposed to clinical environmental stresses in addition to educational environmental stresses. The aim of this study was to assessment of clinical stressful factors among Academic Students of Nursing and Operating Room of Dezful University of Medical Sciences in 2015.

Materials and Methods: This study was a description-analytical study with 234 students of nursing and operation room up to two semesters for enrolled. Data was using a self-made researcher Questionnaire consisted of demographic information and clinical stressful factors. Data analysis was performed by descriptive and inferential statistics using SPSS-PC (v.20).

Results: The findings showed that the main stressors in students of nursing and operation room were unpleasant emotions and least stressful areas were interpersonal communication in a clinical environment. The results showed that the average score of the field of education and humiliating experiences using Spearman correlation test (P=0/045) (r=0/16).

Conclusion: Study showed, the mean stress is the moderate level. Stressful areas obtained in the four areas of personal communication, clinical practice stressful, unpleasant feelings and humiliating experience that fortunately, in many cases reform and change.

Keywords: Stressful factors, Clinical, Academic Students, Nursing, Operating Room